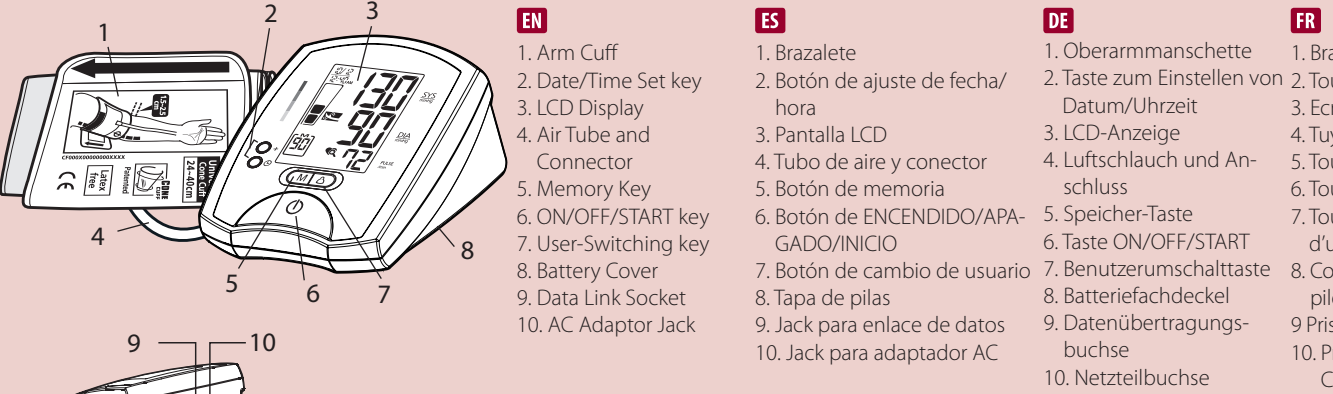




- EN

English
1.

Air Cuff
2.

LCD/Time Set key
3.

Date/Display
4.

Air Tube and Connector
5.

Memory of memory
6.

ON/OFF/START key
7.

User-Switching key
8.

Battery Cover
9.

Data Link Socket
10.

AC Adaptor Jack

- ES

Español
1.

Brazalete
2.

Botón de ajuste de fecha/hora
3.

Pantalla LCD
4.

Tubo de aire y conector
5.

Botón de memoria
6.

Botón de ENCENDIDO/APAGADO/INICIO
7.

Botón de cambio de usuario
8.

Tapa de pila
9.

Jack para enlace de datos
10.

Jack para adaptador AC

- DE

Deutsch
1.

Überarmmanschette
2.

Taste zum Einstellen von Datum/Uhrzeit
3.

LCD-Anzeige
4.

Luftschlauch und An-
schluss
5.

Speicher-Taste
6.

Speicher-Taste
7.

Benutzerumschaltaste
8.

Batteriehaube
9.

Datenübertragungs-
buchse
10.

Netzteilbuchse

- FR

Français
1.

B brassard pour bras
2.

Taste zum Einstellen von Datum/Uhrzeit
3.

LCD-Anzeige
4.

Luftschlauch und An-
schluss
5.

Speicher-Taste
6.

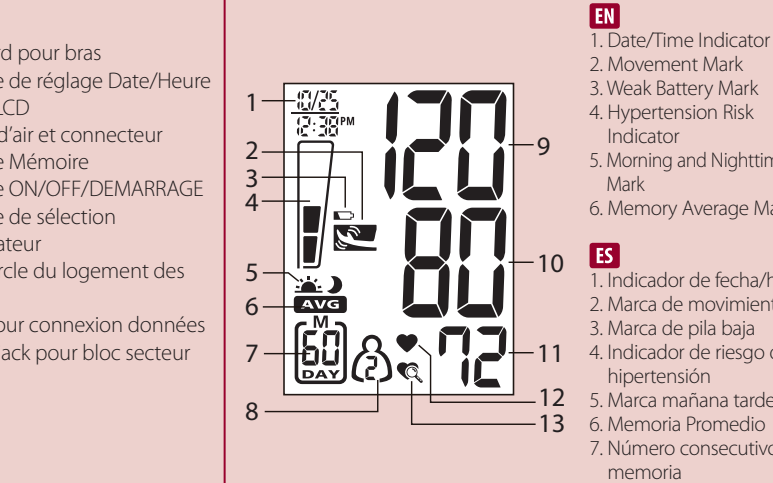
Speicher-Taste
7.

Benutzerumschaltaste
8.

Batteriehaube
9.

Datenübertragungs-
buchse
10.

Netzteilbuchse



- ES

Español
1.

Indicador de fecha/hora
2.

Marca de movimiento
3.

Marca de pila baja
4.

Indicador de riesgo de hipertensión
5.

Marca mañana tarde
6.

Número consecutivo de memoria
7.

Memory Date/Mark
8.

Memory Zone
9.

Systolic Pressure
10.

Diastolic Pressure
11.

Pulse Rate
12.

Pulse Mark
13.

Irregular Heartbeat Mark
14.

Detector (HBB)
15.

Memory Average Mark
16.

Zonas de memoria
17.

Presión sistólica
18.

Presión diastólica
19.

Frecuencia del pulso
20.

Marca del pulso
21.

Detector de ritmo cardíaco
22.

Marca mañana tarde
23.

Número consecutivo de memoria
24.

Indicador de riesgo de hipertensión
25.

Matin et nuit Note
26.

Mémoire mark moyenne
27.

Mémoire mark de marquez

- DE

Deutsch
1.

Datums-/Uhrzeit-Anzeige
2.

Bewegungs-Markierung
3.

Symbol für erschöpfte Batterie
4.

Hypertension-Risiko
5.

Hypertension-Risiko
6.

Hypertension-Risiko
7.

Hypertension-Risiko
8.

Hypertension-Risiko
9.

Hypertension-Risiko
10.

Hypertension-Risiko
11.

Hypertension-Risiko
12.

Hypertension-Risiko
13.

Hypertension-Risiko
14.

Hypertension-Risiko
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Hypertension-Risiko
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Hypertension-Risiko
17.

Hypertension-Risiko
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Hypertension-Risiko
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Hypertension-Risiko
20.

Hypertension-Risiko
21.

Hypertension-Risiko
22.

Hypertension-Risiko
23.

Hypertension-Risiko
24.

Hypertension-Risiko
25.

Hypertension-Risiko
26.

Hypertension-Risiko
27.

Hypertension-Risiko

- FR

Français
1.

Indicateur de date/heure
2.

Mouvement
3.

Indicateur de risque d'hypertension
4.

Indicateur de risque d'hypertension
5.

Matin et nuit Note
6.

Mémoire mark moyenne
7.

Mémoire mark de marquez
8.

Zones de mémoire
9.

Pression systolique
10.

Pression diastolique
11.

Pouls
12.

Locone du pouls
13.

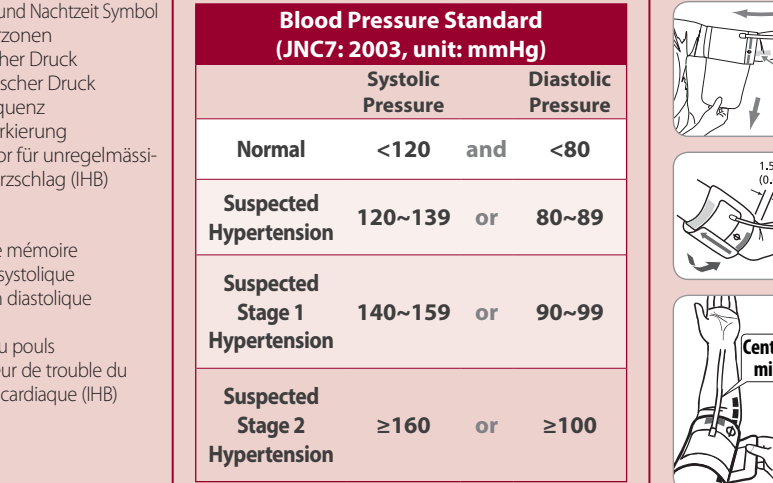
Détecteur de trouble du rythme cardiaque (HBB)
14.

Indicateur de risque d'hypertension
15.

Matin et nuit Note
16.

Mémoire mark moyenne
17.

Mémoire mark de marquez



- DE

Deutsch
1.

Datums-/Uhrzeit-Anzeige
2.

Bewegungs-Markierung
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Hypertension-Risiko
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Hypertension-Risiko
22.

Hypertension-Risiko
23.

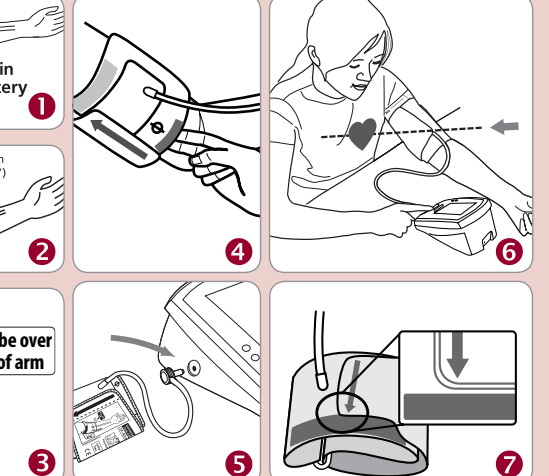
Hypertension-Risiko
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Hypertension-Risiko
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Hypertension-Risiko



- FR

Français
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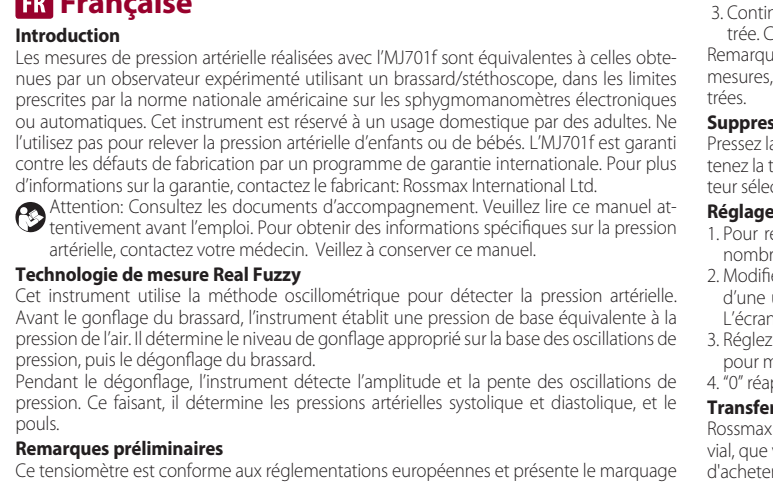
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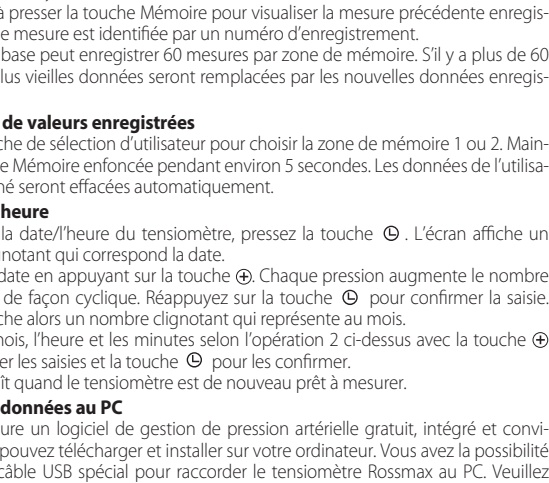
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EN English

Introduction
Blood pressure measurements determined with M701/1 are equivalent to those obtained by a trained observer using cuff/stethoscope auscultation method, within the limits prescribed by the American National Standard, Electronic or Automated Sphygmomanometers. This unit is to be used by adult consumers in a home environment. No risk for this device on the part of the user. The device is protected against manufacturing defects by an established International Warranty Program. For warranty information, you can contact the manufacturer, Rossmax International Ltd. Attention: Contact your distributor, please refer to the instructions for use carefully before use. For specific information on your own blood pressure, contact your physician. Please be sure to keep this manual.

Real Time/Fuzzy Measuring Technology
This unit uses the oscillometric method to detect your blood pressure. Before the cuff starts inflating, the device will establish a baseline cuff pressure/effective pressure to the air pressure. This unit will determine the appropriate inflation level based on pressure oscillations, followed by cuff deflation.
During the deflation, the device will detect the amplitude and slope of the pressure oscillations and thereby determine for you the systolic blood pressure, diastolic blood pressure, and pulse.

Preliminary Remarks
This blood pressure monitor complies with the European regulations and bears the CE mark "CE 0120". The quality of the device has been verified and conforms to the provisions of the EC Council Directive 93/42/EEC (Medical Device Directive), Annex regarding requirements and applied harmonized standards.

Recalling Values from Memory
1. The monitor has two memory zones (1 and 2). Each zone can store up to 60 measurements.
2. To read memory values from a selected memory zone, use the User-Switching key to select a memory zone (1 or 2) from which you want to recall values. Press the Memory key. The first reading displayed is the average of the last 3 measurements stored in memory.
3. Continue to press the Memory key to view the last previously stored measurement. Every measurement comes with an assigned memory sequence number. Note that the memory bank has ten stores in parallel.

Calibrating Values from Memory
1. Press the User-Switching key to select memory zone 1, memory zone 2 or reset mode. After a memory zone is selected, press the ON/OFF/START key to reset mode. The device will automatically inflate the cuff slowly to start measurement. When the measurement is completed, the cuff will exhaust the pressure inside. Systolic pressure, diastolic pressure and pulse will be shown simultaneously on the LCD screen. The measurement is then automatically stored into the pre-designated memory zone.
This monitor will re-inflate automatically to approximately 220 mmHg if the system detects that the cuff pressure is too low. The measurement is then automatically stored into the pre-designated memory zone.

Calibrating Values from Memory
1. Press the User-Switching key to select memory zone 1 or memory zone 2. Press the Memory key. The memory key for approximately 5 seconds, then the data in the memory zone can be erased automatically.

Time Adjustment
1. Press the Time key. The time in the monitor, press the <key. The display will show a blinking number showing the date.
2. Change the date by pressing the <key. Each press will increase the number by one in a cycling manner. Press the <key again to confirm the entry and the date will be directly applicable to any particular patient. It is important that you change the month, the hour and the minute as described in Step 2 above, using the <key to change and the <key to confirm the entries.
3. Press the Time key. The blood pressure monitor is ready for measurement again.

Data Transfer to PC
Rossmax provides a free, integrated and user-friendly blood pressure management software which can be downloaded and installed on your computer. You may purchase a personal computer and a personal printer. The software is available on the monitor and your PC. Please visit the website at <http://www.rossmax.com> for pre-downloading the downloading and installation process.

Display Explanations
1. Please make sure the L-plug is securely connected to the air socket and measure again quickly. Wrap the cuff correctly and keep arm steady during measurement. If the error keeps occurring, return the device to your local distributor or service center.

Low Battery Anomaly
Make sure the L-plug is securely connected to the air socket on the side of the unit and measure again quickly. If the error still occur, return the device to your local distributor or service center for help.

Pressure Exceeding 300mmHg
Switch the unit off and measure again quickly. If the error keeps occurring, return the device to your local distributor or service center.

Data Error
Remove the batteries, wait for 30 seconds, and reload. If the error still occurs, return the device to your local distributor or service center.

Er / Exceeding Measurement Range
Measure again quickly. If the error keeps occurring, return the device to your local distributor or service center.

Movement Detector
The "Movement Detector" helps reminding the user to remain still and is indicating any body movement during measurement. The specified icon appears once a "body movement" has been detected during and after each measurement.

Guest Mode
This unit is highly recommended that you measure again by the icon appears.

Using the Air Cuff (Optional)
1. Connect the AC adaptor with the AC adaptor jack on the right side of the unit.
2. Plug the AC adaptor into the AC adaptor with required voltage and current indicated near the AC adaptor jack.

Using the Air Cuff (Optional)
1. Please unroll the batteries when operating with the AC mode for a longer time. Leaving the batteries in the compartment for a long time may cause leakage, which may lead to damage of the unit.
2. No batteries are needed when operating with the AC mode.
3. Batteries of the same brand and same type are recommended for the compatible AC adaptors.

Using the Air Cuff (Optional)
1. Press down and lift the battery cover in the direction of the arrow to open the battery compartment.
2. Install or replace 4 AA size batteries in the battery compartment according to the polarity indicated on the inside of the battery compartment.
3. Replace the battery cover by clicking in the bottom hooks first, then push in the top end of the battery cover.
4. Remove the batteries and insert the new batteries in the same order as the old batteries.

Applying the Cuff
1. Unwrap the arm cuff, leaving the end of the cuff through the D-ring of the cuff.
2. Turn your left arm around the cuff loop. The color strip indication should be positioned closer to you with the pointing in the direction of your arm (Fig. D).
3. Turn your left arm upward and place the edge of the arm cuff at approximately 1.5 to 2.5 cm above the inner side of the elbow joint (Fig. D). Tighten the cuff by pulling the end of the cuff through the D-ring of the cuff.

Center the tube over the middle of the arm.
Press the hook and loop material together securely. Allow room for 2 fingers to fit between the cuff and your arm. Position the arm cuff (D) over the main artery (on the inside of your arm) (Fig. D).
4. Place the cuff over the main artery (on the inside of your arm) (Fig. D).
5. Lay your arm on a table (palm upward) so that the arm is the same height as your heart. Make sure the tube is not kinked (Fig. D).

Using the Air Cuff (Optional)
1. This cuff is suitable for your use if the arm falls within the solid color line as shown in the table falls within the solid color line as shown in the table.
2. If the arm falls within the solid color line as shown in the table, the cuff will be used. If the arm falls outside the solid color line as shown in the table, the cuff will not be used. Contact your local dealer for additional size cuffs.

Measurement Procedures
Here are a few helpful tips to help you obtain more accurate readings:
• Blood pressure changes with every heartbeat and is in constant fluctuation throughout the day.
• Blood pressure recording can be affected by the position of the user, his or her physiological condition and other factors. For greatest accuracy, wait one hour after exercising, bathing, eating, drinking beverages with alcohol or caffeine, or smoking to measure blood pressure.

Before measurement
• Before measurement, it is suggested that you sit quietly for at least 5 minutes as measurement taken during a relaxed state will have greater accuracy. You should not be physically tired or exhausted while taking a measurement.
• Do not take measurements if you are under stress or tension.
• During measurement, do not talk or move your arm or hand muscles.
• Take your blood pressure at normal body temperature. If you are feeling cold or hot, wait a while before taking a measurement.
• If the monitor is stored at a very low temperature (near freezing), have it placed at a warm location for at least one hour before using it.
• Wait 5 minutes before taking the next measurement.

Press the ON/OFF/START key.
All digits will light up, checking the display functions. The checking procedure will be completed in 2 seconds.
After all symbols appear, the display will start blinking "0". The monitor is ready to measure and will automatically inflate the cuff slowly to start measurement.

When the measurement is completed,
the cuff will exhaust the pressure inside. Systolic pressure, diastolic pressure and pulse will be shown simultaneously on the LCD screen. The measurement is then automatically stored into the pre-designated memory zone.
This monitor will re-inflate automatically to approximately 220 mmHg if the system detects that the cuff pressure is too low. The measurement is then automatically stored into the pre-designated memory zone.

Press the Memory key.
The memory key for approximately 1 minute after the last key operation.
2. To interrupt the measurement, simply press the Memory or ON/OFF/START key; the cuff will deflate immediately.

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After all symbols appear, the display will start blinking "0". The monitor is ready to measure and will automatically inflate the cuff slowly to start measurement.

When the measurement is completed,
the cuff will exhaust the pressure inside. Systolic pressure, diastolic pressure and pulse will be shown simultaneously on the LCD screen. The measurement is then automatically stored into the pre-designated memory zone.
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