



EN English

Introduction

Blood pressure measurements determined with CF707are equivalent to those obtained by a trained observer using cuff/stethoscope auscultation method, within the limits prescribed by the American National Standard, Electronic or Automated Sphygmomanometers. This unit is to be used by adult consumers in a home environment. Do not use this device for medical purposes. This monitor is a consumer product and is not intended for medical use. It is a medical device under the European Medical Device Directive. For more information, you can contact the manufacturer, Rossmax International Ltd.

Attention: Consult the accompanying documents. Please read this manual carefully before using. For specific information on your own blood pressure, consult your physician. Please be sure to keep this manual.

Real Fuzzy Measuring Technology

This blood pressure monitor complies with the European regulations and bears the CE mark "CE 0120". The quality of the device has been verified and conforms to the provisions of the EC council directive 93/42/EEC (Medical Device Directive), Annex II and III, and to the provisions of the EC council directive 1999/51/EC Non-invasive sphygmomanometers - Part 1 - General requirements.

EN 1060-3: 1992/AZ: 2009 Non-invasive sphygmomanometers - Part 3 - Supplementary requirements for electronic mechanical blood pressure measuring systems.

EN 1060-4: 2004 Non-invasive sphygmomanometers - Part 4: Test Procedures to determine the overall system accuracy of automated non-invasive sphygmomanometers.

Recalling Values from Memory

The monitor has two memory zones (1 and 2). Each zone can store up to 60 measurements.

To read memory values from a selected memory zone, use the User-Switching key to select memory zone 1 or 2 from which you want to recall values. Press the Memory key. The first reading displayed is the average of the last 3 measurements stored in memory.

Continuing to press the Memory key will view the last previously stored measurement accuracy; it's recommended that all digital blood pressure monitors require re-calibration. This monitor (under normal usage with 3 measurements a day) does not require re-calibration, the device will re-calibrate itself to the memory.

During the measurement, if the device detects a systolic blood pressure, diastolic oscillations and thereby determine for you the systolic blood pressure, diastolic blood pressure and pulse.

Preliminary Remarks

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Blood Pressure Standard

The blood pressure standard is defined as follows:

Normal: $Systolic \leq 120 \text{ mmHg}$ and $Diastolic \leq 80 \text{ mmHg}$

Suspected: $120-139 \text{ mmHg}$ or $80-89 \text{ mmHg}$

Suspected Stage 1: $140-159 \text{ mmHg}$ or $90-99 \text{ mmHg}$

Suspected Stage 2: $\geq 160 \text{ mmHg}$ or $\geq 100 \text{ mmHg}$

Hypertension: $\geq 160 \text{ mmHg}$ or $\geq 100 \text{ mmHg}$

not be physically tired or exhausted while taking a measurement.

Do not take a measurement if you are under stress or tension.

• Take your blood pressure at normal body temperature. If you are feeling cold or hot, wait a few minutes before taking a measurement.

• If the monitor is stored at very low temperature (near freezing), have it placed at a warm location for at least one hour before using it.

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