

ACCU-CHEK[®] *Complete*



Owner's Booklet



Dear ACCU-CHEK System Owner,

Thank you for choosing the ACCU-CHEK Complete system!

Congratulations on your decision to take control of your diabetes. We've designed your new ACCU-CHEK Complete system with comfort, convenience, and control in mind – to help make living with diabetes a little easier.

*This booklet will help you get the most from your ACCU-CHEK Complete system. We also invite you to visit **www.accu-check.com** to find out about services, tools, and information that can help you manage your diabetes.*

To start testing quickly, you can also refer to the First Time Guide or the Quick Reference Guide.

*If you have questions, we're here to help. Just call the ACCU-CHEK Customer Care service center toll-free at **1-800-858-8072**. We offer assistance 24 hours a day, 365 days a year, in Spanish and many other languages.*

Thanks again for choosing an ACCU-CHEK system.

The ACCU-CHEK Complete System*

Your new ACCU-CHEK Complete meter and accessories work together to measure the amount of sugar (glucose) in your blood to help you and your doctor control your diabetes. The system includes:

- **ACCU-CHEK Complete Meter**
- **Batteries**
- **Code Key**
- **ACCU-CHEK Comfort Curve Control Solution***
- **ACCU-CHEK Comfort Curve Test Strips***
- **ACCU-CHEK Softclix Lancet Device***
- **ACCU-CHEK Softclix Lancets***

*Items may be sold separately.

Why Regular Blood Sugar Testing Is Important

Checking your blood sugar can make a big difference in how well you can manage your diabetes on a daily basis. We've made it as simple and comfortable as possible. ACCU-CHEK meters are easy to use, and you can adjust the ACCU-CHEK Softclix lancet device to make testing more comfortable.

Need Help?

Just call the ACCU-CHEK Customer Care service center, 24 hours a day, 365 days a year, at **1-800-858-8072**.

You can also visit **www.accu-chek.com** for diabetes management tools and product demonstrations.

To make sure you receive the best customer service possible and news about product updates, please complete and mail your warranty card.

Important Information About Your New Meter

- Your blood glucose meter is designed and approved for testing fresh capillary whole blood samples (like blood taken from fingertips) outside the body (*in vitro* diagnostic use). It should not be used to diagnose diabetes.
- Be sure to use only ACCU-CHEK Comfort Curve test strips or ACCU-CHEK Advantage test strips with the meter. Other test strips may produce inaccurate results.
- Do the control checks explained in this booklet to make sure your system is working properly.
- Carefully dispose of used test strips and lancets.

Health-Related Information

- Being severely dehydrated or losing a lot of water may give you false (low) test results. If you think you're suffering from dehydration, call your doctor right away.
- If you have followed all the instructions in this booklet and still have symptoms that don't seem to match your test results – or if you have questions – talk to your doctor.

Contents

Chapter 1: Understanding Your New System	8
Installing (or Changing) the Batteries	11
Setting the Time and Date	13
Coding the Meter	14
Using Your Test Strips	15
Using ACCU-CHEK Comfort Curve Test Strips	16
Using ACCU-CHEK Advantage Test Strips	16
Chapter 2: Control Testing	17
Why Run Control Tests	17
About the Control Solution	17
Running a Control Test.....	18
Understanding Control Test Results.....	21
Chapter 3: Testing Your Blood Sugar	23
Preparing the Lancet Device	23
Running a Blood Sugar Test.....	25
Recording Your Results	27
Storing Your Supplies	27
Proper Testing Conditions	28

Understanding Your Test Results	28
Symptoms of High or Low Blood Sugar	29
Unusual Test Results	29
Adding Test Result Information	30
Diary Information	31
Chapter 4: Using Your Meter's Memory	33
Reviewing Memory Information	34
Reviewing Averages	35
Reviewing Glucose Ranges	36
Reviewing Trends	37
Reviewing Graphs	38
Reviewing Glucose Results	39
Reviewing Diary Records	39
Reviewing Number of Hypo Records	40
Reviewing Ketone Results	41
Reviewing A1c Test Results	42
Reviewing Pump Profile Settings	43
Downloading Your Meter to a Computer	44
Chapter 5: Setting Your Meter Options	45
Set Options Menu	45

Meter Options	46
Insulin Options	48
Insulin Pump Setting	50
Glucose Range Settings	51
Time Block Settings	52
Diary Default Settings	54
Country Options	56
Chapter 6: Adding and Changing Information in Memory	58
Enter/Edit Menu Options	58
Changing Diary Information.....	60
Changing Insulin Information.....	62
Changing Insulin Pump Information.....	64
Changing Carbohydrate Information	68
Changing Event Marker Information	70
Changing Exercise Information.....	74
Changing Ketone Information	76
Changing A1c Information	78
Chapter 7: Maintenance and Troubleshooting	80
Cleaning Your Meter.....	80
Maintenance and Testing	81

Cleaning Your Lancet Device	81
Checking the Batteries.....	82
Screen Messages and Troubleshooting	83
Chapter 8: Technical Information	88
Product Limitations	88
Specifications	88
Product Safety Information.....	89
Warranty	90
Money-Back Guarantee	91
Additional Supplies	94
Information for Professional Caregivers.....	95
Index	96

Chapter 1: Understanding Your New System*

*Items may be sold separately.

Display –

Shows blood sugar results, messages, and results stored in memory.



Test Strip Slot –

Insert test strip here.

Buttons – The function of each button is shown on the screen above the button and it may change as the screen changes. Pressing any button turns on the meter.



Code Key Slot –

Insert code key through this opening.

Battery Cover –

Slide cover off to replace batteries.

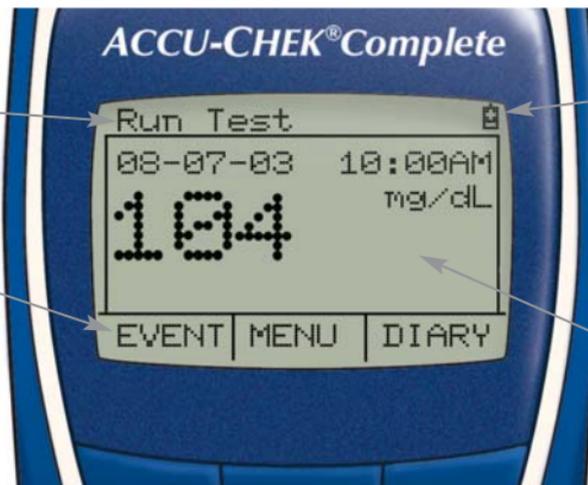


Buttons – The function of each button will always be displayed on the screen directly above the button. The functions of the buttons will change depending on the screen displayed.

EXAMPLE

Title – Screen name appears at the top of the display.

Function – What each button does in this screen.

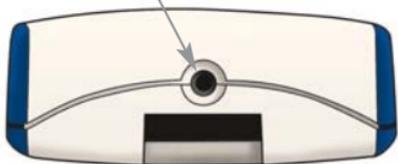


Warning Symbols – Explained in the trouble - shooting section on page 83.

Message Area – Menu choices, test results, directions, and messages.

At any time, you can press the left and right buttons at the same time to return to the off function of the Main Menu.

Data Port –
Used to transfer data
from the meter to a
computer.



Test Strip Vial

Protective Cover



Lancet

Electrodes (silver-colored bars)



Yellow Window

Test Strip

**Cap with Comfort Dial
Depth Selection**

Ejector



Release Button

Lancet Device

Plunger

Installing (or Changing) the Batteries



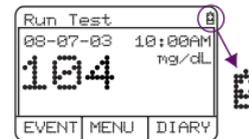
1. Slide the battery cover off the back of the meter.
2. Insert the batteries on top of the strips with the + and - ends matching the marks in the battery compartment.
3. Slide the battery cover back in place.



If you are replacing batteries, wait 40 seconds to turn on the meter.

Notes:

- The meter uses two AAA batteries. It's best to use long-lasting alkaline batteries and to keep an extra pair on hand.
- Always replace both batteries at the same time and with the same brand.
- After you change the batteries, you will have to confirm the time and date, but all test results stay in memory with their time and date.
- If there is no strip in the meter, it turns off automatically after three minutes of not being used. When this happens, test results are still saved in memory.



- The battery symbol means the batteries are low and should be changed soon.
- The error message “**Replace Battery**” means the batteries are almost out of power and must be changed to do a blood test.

Setting the Time and Date



Setting time and date is important if you use the meter's memory or connect to a computer.



Select Language		
English		
Español		
Français		
Deutsch		
↑	ENTER	↓

Date & Time		
Time 12:00AM		
Date 08-07-03		
Time Format 12-hr		
Date Format M-D-Y		
EDIT	MENU	SAVE

Date & Time		
Time 12:00AM		
Date 08-07-03		
Time Format 12-hr		
Date Format M-D-Y		
-	NEXT	+

1. Press any button to turn on the meter. If you are turning the meter on for the first time, press ↓ or ↑ to highlight the desired language, then press **ENTER**.
2. Press ↓ or ↑ to highlight **More**, then press **ENTER**.
3. Press ↓ or ↑ to highlight **Set Date and Time**, then press **ENTER**.
4. Press **EDIT**. The hour is highlighted. Press + or - to set the hour.
5. Press **NEXT**. The minutes are highlighted. Press + or - to set the minutes.
6. Repeat step 5 to change AM/PM, date, time format (12- or 24-hour) and date format.
7. Press **SAVE** to keep settings or **EDIT** to change them.

Note: After you change the batteries, the Date and Time screen is automatically displayed. Press **SAVE** to confirm, or **EDIT** to change the time and date.

Coding the Meter



1. With the meter off, slide the code key into the code key slot. It should easily snap into place.
2. Press any button to turn on the meter. The **Main Menu** appears with **Run Glucose Test** highlighted.
3. Press **ENTER**. Make sure the code on the display matches the code on the test strip vial.
4. Press **OFF** to turn the meter off. Throw away the old code key.

Notes:

- If the message “Code Key Missing. . .” appears on the display, turn off the meter, make sure the code key is all the way in, then turn on the meter again.
- Don’t force the code key into the meter; it only goes in one way – numbers out and ridges up.
- If the code number on the display does not match the code number on the test strip vial, call the ACCU-CHEK Customer Care service center at **1-800-858-8072**.



Change the code key every time you open a new box of test strips.

Using Your Test Strips

You may use either ACCU-CHEK Comfort Curve or ACCU-CHEK Advantage test strips with this meter. ACCU-CHEK Comfort Curve test strips are recommended because they're faster and require less blood than ACCU-CHEK Advantage test strips. This means **easier** and more **convenient testing** for you.

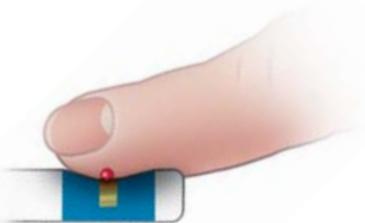
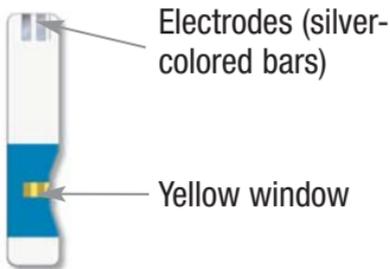
- For accurate results, use only approved test strips.
- Replace the code key and run a control test every time you get a new box of test strips.
- Store test strips in their original vial.
- Close the vial cap tightly immediately after removing a test strip.
- After you take a test strip out of the vial, be sure to use it within three minutes.
- Note the expiration “Use By” date on the test strip vial. Throw test strips away after that date.
- Store your test strips and meter in a cool, dry place. Refer to the test strip package insert for more information.

Do not store test strips in a refrigerator.

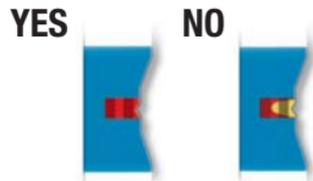


Never store test strips in areas of high heat and moisture, such as the kitchen, bathroom or laundry room – heat and moisture can damage them.

Using ACCU-CHEK Comfort Curve Test Strips



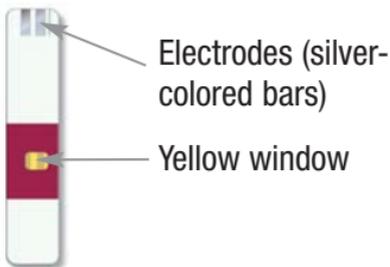
Touch and hold a drop to the **edge** – not the top – of the yellow window.



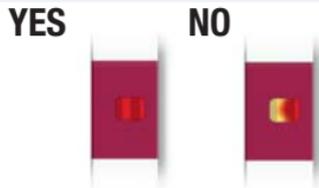
Fill the yellow window completely.

This owner's booklet will help you learn to test with ACCU-CHEK Comfort Curve test strips.

Using ACCU-CHEK Advantage Test Strips



Touch and hold a drop to the **top** – not the edge – of the yellow window



Fill the yellow window completely.



Be sure to carefully read all the information that comes with the test strips.

Chapter 2: Control Testing

Why Run Control Tests

Control tests ensure that both the meter and the test strips are working properly and giving reliable results. You should run a control test when:

- The meter is new
- You open a new box of test strips
- You leave the cap off of the test strip vial
- You want to check the performance of the meter and test strips
- You drop the meter
- Your test results don't agree with the way you feel
- You want to make sure you're performing tests correctly

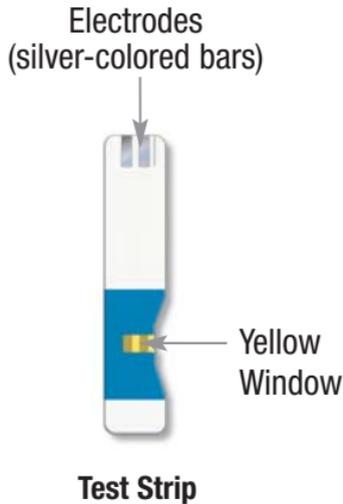
About the Control Solution

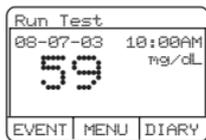
- Make sure you use the control solution that matches your test strips (for example, ACCU-CHEK Comfort Curve control solution (blue liquid) with ACCU-CHEK Comfort Curve test strips).
- When you first open the bottle, write the date on the label – the control solution is good for three months from that date or until the expiration date on the bottle, whichever comes first.
- Never use control solution that has expired.
- Control solution can stain clothes. If you spill it, wash your clothes with soap and water.
- Always close the control solution bottle tightly.
- Store at room temperature. See your test strip package insert for more information. Do not freeze.

Running a Control Test

For control testing, you'll need your meter, a test strip, the bottle of control solution, and a napkin or paper towel.

1. Insert the end of the test strip with the silver-colored bars into the meter, with the yellow window facing up. The meter turns on automatically.
2. Make sure the code on the meter matches the code on the test strip vial.





Example

3. Briefly roll the bottle of control solution, open it, squeeze one drop onto a paper towel, and wipe the tip of the bottle clean.
4. Touch and hold one drop of control solution to the edge of the yellow window. When the test is done, the meter displays the test result.
5. Check that the Level 1 result is within the Level 1 range on the test strip vial.

	Range (mg/dL)
Level 1 (LO)	42–72
Level 2 (HI)	290–328

Example

If the result is not within the acceptable range, see Understanding Control Test Results on page 21.

6. Press **EVENT**, then take the test strip out and discard it.

Make sure you press **EVENT** before you take the strip out and while the test result is still displayed on the screen.

Enter Events		
08-07-08 10:00AM		
No Event		
No Event		
EDIT	BACK	SAVE

7. Press **EDIT**, then press **+** or **-** until **L1 Control** is displayed in the highlighted area. If you are using L2 Control Solution, keep pressing **+** or **-** until **L2 Control Solution** is displayed.

8. Press **NEXT** four times, then press **SAVE**.

At the Edit/Enter menu, press **↓** or **↑** to highlight **OFF**, then turn off the meter.

Enter Events		
08-07-08 10:00AM		
L1 Control		
No Event		
-	NEXT	+

Level 2 Testing

Level 1 testing is all you need to do most of the time. If you think your meter or test strips may not be working correctly, you may also want to do a Level 2 test. Simply repeat steps 3 through 6, using Level 2 control solution.

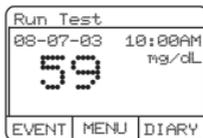
If you do not have Level 2 control solution, you may purchase control solutions at your local pharmacy.

Understanding Control Test Results



	Range (mg/dL)
Level 1 (LO)	42–72
Level 2 (HI)	290–328

Example



Example

The label on your test strip vial shows the acceptable ranges for Level 1 and Level 2 test solutions. Your control test results should be within the listed range. Make sure you compare the result to the range for the level of control solution you used (Level 1 or Level 2).

When a control test result is within the acceptable range, your test strips and meter are working properly.

When a control test isn't within the acceptable range, there could be several reasons. Follow these steps to find out why:

Troubleshooting Checks	Action
1. <i>Check the expiration dates of the test strips and control solutions.</i>	Replace solution or strips that have expired or solution you opened more than three months ago.
2. <i>Make sure the caps were tight on the test strip vial and control solution bottles.</i>	If either has been open for a while, replace the test strips or control solution.
3. <i>Check if the code on the meter matches the code on the test strip vial.</i>	If not, recode the meter (see page 14).
4. <i>Make sure you followed all the testing steps.</i>	Reread pages 18-20 and test again or ask your healthcare provider for help.
5. <i>Make sure the temperature was within the appropriate range for running a test.</i>	Refer to the test strip package insert for the appropriate temperature range and repeat the test.
6. <i>If none of the above apply. . .</i>	<i>Repeat the control test with a new test strip. If the result still isn't within the acceptable range, contact the ACCU-CHEK Customer Care service center at 1-800-858-8072.</i>

Chapter 3: Testing Your Blood Sugar

Preparing the Lancet Device

1. Pull off the cap.



2. Insert a lancet until it clicks.

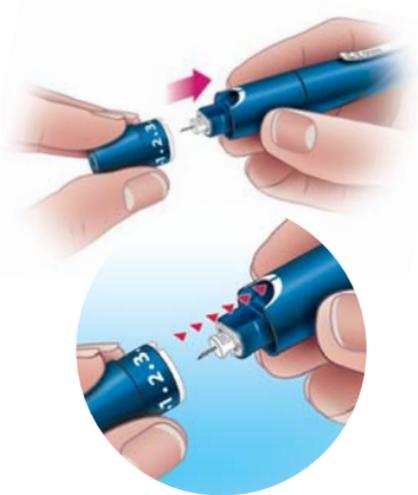


3. Twist off the lancet's protective cover.



Note: You can refer to the *First Time Guide* or the *Quick Reference Guide* for a simple testing summary.

4. Snap the cap back on after lining up the notches. The cap easily snaps into place.



5. Twist the cap to set the lancet depth. Start at 2 or 3. For tougher skin dial to a higher number.



6. Press the plunger (like a pen) until it clicks. The release button turns yellow when the device is ready. Set aside until later in the test.



Notes:

- The best depth setting is the lowest number that lets you get enough blood for a test. Try different settings to find the one that's right for you.
- Always use a new lancet for every test.
- To reduce the risk of infection, never share your lancet device with anyone.

Running a Blood Sugar Test

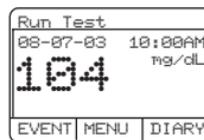
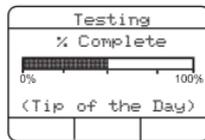
Before running your first test, make sure you set up your meter properly and run a control test. See Chapters 1 and 2 for details.



1. Wash and dry your hands.
2. Take one test strip from the vial. Close the vial cap tightly.
3. Insert the end of the test strip with the silver-colored bars into the meter, with the yellow window facing up. The meter turns on automatically.
If you prefer, you may first press any button to turn on the meter. Press **ENTER** to select **Run a Glucose Test**, then insert the strip and continue with Step 4.
4. Make sure the code on the meter matches the code on the test strip vial.
5. When you see the flashing blood drop, hold the lancet device against the side of your fingertip and press the release button.



6. Gently squeeze your fingertip until you get a drop of blood.
7. Touch and hold the blood drop to the edge – not the top – of the yellow window. Make sure the yellow window fills completely. If you still see yellow, apply another drop of blood within 15 seconds or start over with a new test strip.
8. After you apply blood to the strip, a status bar will appear to show you how much of the test is complete, then the test result will appear.



Example

If you want to add Diary Information or Event Markers to the result, press **EVENT** or **DIARY** before you take the strip out of the meter.

See pages 60 and 70 for more information on Diary Information and Event Markers.

- To remove the lancet, take off the lancet device cap and point the lancet end away from yourself.
- Slide out the ejector to discharge the lancet into a puncture-proof container.

For more information about your test results, see page 28.



Recording Your Results

Always record your blood sugar results after testing. This helps you and your healthcare professional find patterns in your blood sugar results. This information helps you better manage your diabetes, reducing your chances for complications. Record your results in the self-test diary included in your kit or on your computer.

Storing Your Supplies

Make sure you close the test strip vial and control solution bottles tightly after each use.

You can keep all your testing supplies in the carrying case. Store the carrying case (and everything in it) where it won't be exposed to heat or moisture. Your bedroom may be a good place.



Never store test strips in areas of high heat and moisture, such as the kitchen, bathroom or laundry room – heat and moisture can damage them.

Proper Testing Conditions

- The temperature range must be within the appropriate range for running a test for accurate results. Refer to the test strip package insert for the appropriate temperature range. At temperatures outside this range, the results are displayed with a thermometer symbol.
- Humidity must be below 85% so that moisture doesn't condense on or inside the meter. If it does, let the meter return to room temperature and thoroughly dry before turning it on.

Understanding Your Test Results

Normal Blood Sugar Ranges

The normal fasting blood glucose range for an adult without diabetes is 74–106 mg/dL.¹

Two hours after meals, the blood glucose range for an adult without diabetes is less than 140 mg/dL.²

For people with diabetes: Please consult your doctor for the blood glucose range appropriate for you.

Symptoms of High or Low Blood Sugar

Being aware of the symptoms of high or low blood sugar can help you understand your test results and decide what to do if they seem unusual. Here are the most common symptoms:

High blood sugar (hyperglycemia): fatigue, increased appetite or thirst, frequent urination, blurred vision, headache, or general aching.

Low blood sugar (hypoglycemia): sweating, trembling, blurred vision, rapid heartbeat, tingling, or numbness around mouth or fingertips.

If you are experiencing any of these symptoms, test your blood sugar. If your blood sugar result is displayed as LO or HI, contact your doctor immediately.

Unusual Test Results

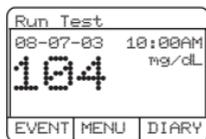
If your blood sugar result doesn't match the way you feel, follow these steps:

1. Run a control test (see page 18).
2. Repeat a blood sugar test (see page 25).
3. If your blood sugar results still don't reflect the way you feel call your doctor immediately.

Adding Test Result Information

Event Markers

Storing your test results with event markers, or special comments, can help you and your healthcare provider understand your trends and manage your diabetes better. For instance, you may want to identify a result as taken right after fasting or during illness. You can find more details in Chapter 6, Adding and Changing Information in Memory.



Follow these steps to add event markers immediately after a test:

1. With the result still on the display and the strip still in the meter, press **EVENT**.
2. Take the test strip out of the meter and discard it.
3. Press **EDIT** if you want to add information for Event 1 or 2.

Press **MORE** if you want to see Events 3 and 4, then press **EDIT** if you want to change them.

If you don't want to change any of the event markers, go to Step 6.



Enter Events		
08-07-03	10:00AM	
Fasting		
No Event		
-	NEXT	+

4. Press **+** or **-** to select the marker (comment) you want for the event.
5. Press **NEXT** to move to the next event.
Four event markers may be added to each test result.
6. Press **SAVE** to store the event marker(s) with your result.
7. Press **↓** to highlight **OFF**, then press **ENTER** to turn off the meter. You may use one of the other keys if you want to select another menu item.

Notes:

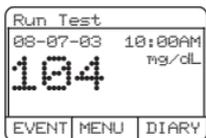
Event markers such as **Invalid Test**, **Others' Result** or **Control Test** (L1 or L2) must be entered before doing any more testing or data entry, to make sure the result is not included as an actual blood glucose result in your data.

Diary Information

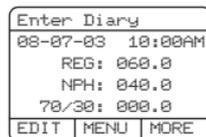
Like event markers, diary information can help you and your healthcare provider manage your diabetes better by seeing how your results are linked with your daily routines, such as insulin amount, carbohydrate intake, and exercise level.

You can find more details about diary information and learn how to set up your own values on page 54.

Follow these steps to add diary information immediately after a blood glucose test:



Example



1. With the result still on the display and the strip still in the meter, press **DIARY**.
2. Take the test strip out of the meter and discard it.
3. Press **MORE** to see the next screen. Press **BACK** to see the previous screen.
4. If the information is okay, press **SAVE**. If you want to change it, press **EDIT**.
5. Press **+** or **-** to change the information.
6. Press **NEXT** to see other diary information.
7. Press **SAVE** to store the information with your result.
8. Press **↓** to highlight **OFF** and **ENTER** to turn off the meter.

Notes:

In the Enter Diary screen, each time block will have the following information displayed, when appropriate:

- Insulin types and dose (if selected in setup)
- Carbohydrates
- Exercise type
- Exercise duration
- Event markers

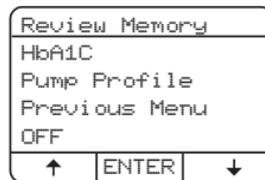
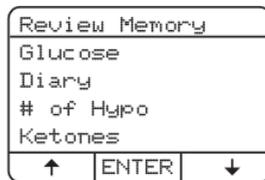
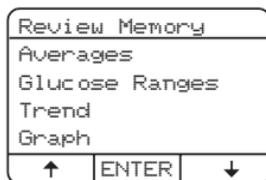
Chapter 4: Using Your Meter's Memory

The ACCU-CHEK Complete Meter automatically stores test results along with the date and time (and any other diary or event information you save with them).

Memory Review Formats

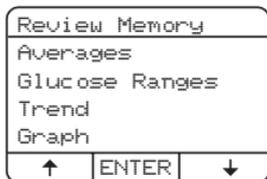
Your meter allows you to review test results and other information in 10 different formats, to help you understand and manage your diabetes:

- Averages
- Glucose Ranges
- Trend
- Graph
- Glucose
- Diary
- # of Hypo
- Ketones
- Hemoglobin A1c
- Pump Profile



You can see the 10 formats by pressing any button to turn on the meter and then selecting the second menu option, Review Memory.

Reviewing Memory Information



1. Press any button to turn on the meter.
2. Press ↓ until **Review Memory** is highlighted.
3. Press **ENTER**.
4. Press ↓ until the memory format you want is highlighted.
5. Press **ENTER** to select the format.

You can review values forward or backward in memory by pressing ↑ or ↓. Holding down the buttons lets you move through the results more quickly.

For instructions on reviewing memory in a specific format, see the format descriptions beginning on page 33.

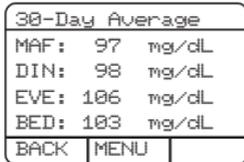
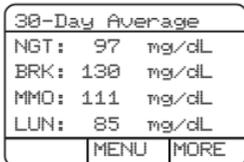
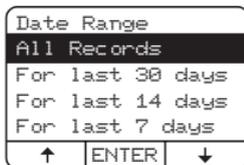
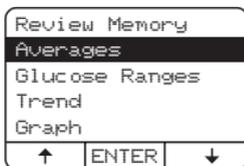
Notes

Do not change your therapy based on an individual result recorded in memory.

- Results stored in memory will not be lost when you replace the batteries, but you will need to re-confirm the time and date.
- Once the memory is full, adding a new test result causes the oldest one to be deleted.

Reviewing Averages

You can review your average blood sugar results for certain parts of the day (time blocks) and over specific periods of time.



1. Follow Steps 1-5 on page 34, selecting **Averages** from the **Review Memory** screen.
2. Press **↑** or **↓** until the date range you want is highlighted, then press **ENTER**.



The first screen shows the overall average for the time period you selected, along with the total number of records.

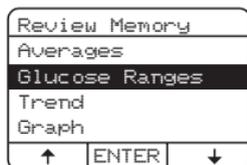
The averages do not include results marked as LO or HI readings and events marked as control, other's result, or invalid test.

3. Press **MORE** to see morning averages.
4. Press **MORE** to see afternoon and evening averages.
5. Press **BACK** to return to the first screen or **MENU** to return to the **Review Memory** screen.

Reviewing Glucose Ranges

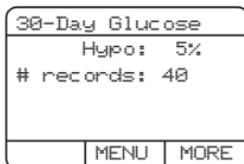
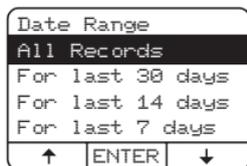
You can see what part of your blood glucose test results were hypoglycemic, low, normal, and high* by reviewing results in the Glucose Ranges format.

*You and your doctor can set these ranges in the **Set Options** menu. See page 45 for more information.



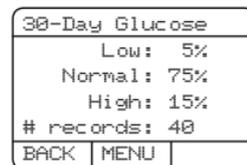
1. Follow Steps 1-5 on page 34, selecting **Glucose Ranges** from the **Review Memory** screen.

2. Press ↑ or ↓ until the date range you want is highlighted, then press **ENTER**.



The first screen shows what part of your test results fell in your hypoglycemic range in the time period you selected, along with the total number of results.

The results marked as hypoglycemic are based on the range that you and your doctor set. See page 51 for more information.



3. Press **MORE** to see what part of your results fell in your low, normal, and high ranges. Results are placed in the ranges when you take your test and are not moved if the ranges are changed later.
4. Press **BACK** to return to the first screen or **MENU** to return to the **Review Memory** screen.

Reviewing Trends

The Trends format lets you see how your blood glucose test results change in a particular part of the day, called a time block.

The time blocks shown on your meter* include:

- Night time (Ngt)
- Breakfast (Brk)
- Mid Morning (Mmo)
- Lunch (Lun)
- Mid Afternoon (Maf)
- Dinner (Din)
- Evening (Eve)
- Bedtime (Bed)

Review Memory		
Averages		
Glucose Ranges		
Trend		
Graph		
↑	ENTER	↓

Trend mg/dL				
	NGT	BRK	MMO	LUN
08-07	67		92	126
08-08	58	142	88	
08-09	72		85	118
08-10	78	168	95	133
08-11	68		101	
↑	MENU		→	

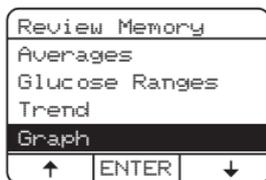
Trend mg/dL				
	MAF	DIN	EVE	BED
08-07	65		92	126
08-08	68	142	88	
08-09	70		85	118
08-10	66	168	95	133
08-11	72		101	
↑	MENU		→	

1. Follow Steps 1-5 on page 34, selecting **Trend** from the **Review Memory** screen.
2. Press **↑** to see additional dates. Test results that were marked with a warning sign (such as **!**) are highlighted in this display.
3. Press **→** to see the last four time blocks and **←** to return to the first four.
4. Press **MENU** to return to the **Review Memory** screen.

* You and your doctor can set the exact times you want to use for your time blocks in the Set Options menu. See page 52 for more information.

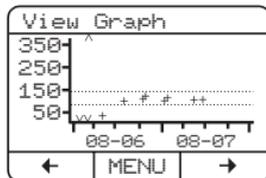
Reviewing Graphs

The Graph option lets you see your blood glucose test results from any two-day period in a graph format.



1. Follow Steps 1-5 on page 34, selecting **Graph** from the **Review Memory** screen.
2. Press **←** or **→** to see results for other dates.

The bottom line shows a two-day period. Each short line marks a six-hour period.



The vertical line on the left shows the range for blood glucose values, from 50 to 350 mg/dL. Values below or above that range are shown as **↓** or **↑** along the bottom or top of the graph.

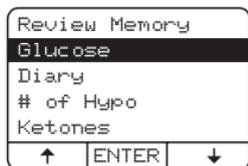
Each **+** on the graph shows one of your test results in the two-day period.

If you and your doctor have entered your normal glucose range, it will be shown as two dashed lines across the graph. See page 51 for more information.

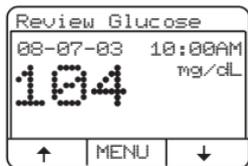
3. Press **MENU** to return to the **Review Memory** screen.

Reviewing Glucose Results

Choose the Glucose option if you simply want to see your blood glucose test results along with the date and time.



1. Follow Steps 1-5 on page 34, selecting **Glucose** from the **Review Memory** screen.
2. Press ↓ or ↑ to scroll through your results or to find a specific date.
Warning signs that appeared with your test results will also be shown here.
3. Press **MENU** to return to the **Review Memory** screen.



Reviewing Diary Records

The Diary option lets you see all the information that was stored with your blood glucose and control test results, to help you and your doctor make informed decisions about food intake, activity, and medication.

1. Follow Steps 1-5 on page 34, selecting **Diary** from the **Review Memory** screen.
2. Press ↓ or ↑ to scroll through your results or to find a specific date.
Warning signs that appeared with your test results will also be shown here.
3. Press **MENU** to return to the **Review Memory** screen.

Reviewing Number of Hypo Records

The “# of Hypo” option lets you keep track of when you feel hypoglycemic by showing you when you used “Feel Hypo” event markers and when your blood glucose test results were below the hypoglycemic limit.*

* You and your doctor can set this range in the **Set Options** menu. See page 45 for more information.

Review Memory		
Glucose		
Diary		
# of Hypo		
Ketones		
↑	ENTER	↓

1. Follow Steps 1-5 on page 34, selecting **# of Hypo** from the **Review Memory** screen.
2. Press ↓ until the date range you want is highlighted, then press **ENTER**.

The first screen shows the total number of “Actual Hypo” and “Feel Hypo” event markers entered during the first two time blocks of the time period you selected.

The results marked as “Actual Hypo” are based on the range that you and your doctor set. See page 45 for more information.

Date Range		
All Records		
For last 30 days		
For last 14 days		
For last 7 days		
↑	ENTER	↓

Date Range		
For last 7 days		
For last 48 hours		
Previous Menu		
OFF		
↑	ENTER	↓

30-Day Hypo		
	Actual	Feel
	hypo	
EVE:	1	1
BED:	0	1
BACK	MENU	

3. Press **MORE** to move to the next time block for the period.

30-Day Hypo		
Actual	Feel	
	hypo	hypo
MMO:	0	0
LUN:	1	2
BACK	MENU	MORE

30-Day Hypo		
Actual	Feel	
	hypo	hypo
MAF:	0	1
DIN:	0	0
BACK	MENU	MORE

30-Day Hypo		
Actual	Feel	
	hypo	hypo
EVE:	1	1
BED:	0	1
BACK	MENU	

4. Press **BACK** to return to the first screen or **MENU** to return to the **Review Memory** screen.

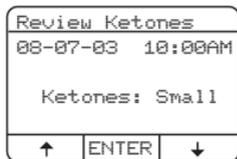
Reviewing Ketone Results

This option lets you see the ketone level information you've entered in the meter, along with the date and time of each entry.

For more information about ketone levels and entering ketone test results into the meter, see page 76.

Review Memory		
Glucose		
Diary		
# of Hypo		
Ketones		
↑	ENTER	↓

1. Follow Steps 1-5 on page 34, selecting **Ketones** from the **Review Memory** screen.



2. Press ↓ or ↑ to find the ketone result for a specific date.
The oldest ketone test result appears first.
3. Press **MENU** to return to the **Review Memory** screen.

Reviewing A1c Test Results

Under the HbA1C option, you can review the results of Hemoglobin A1c tests that you have entered into the meter, along with the date and time of each entry.

A1c tests provide a 3-4 month average of your blood sugar level and can help you and your doctor see the overall picture of your diabetes control. For more information about Hemoglobin A1c levels and entering A1c test results into the meter, see page 78.



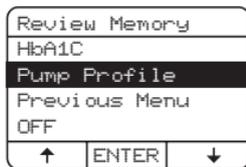
1. Follow Steps 1-5 on page 34, selecting **HbA1C** from the **Review Memory** screen.
2. Press ↓ or ↑ to find the **A1c** result for a specific date.
The oldest test result appears first.
3. Press **MENU** to return to the **Review Memory** screen.



Reviewing Pump Profile Settings

If you use an insulin pump, this option lets you see your last four basal profile settings in memory.

Additional pump information, such as temporary basal rates, bolus, or square wave boluses can be viewed in the Review Diary screen. For more information on insulin pump therapy, talk to your doctor.

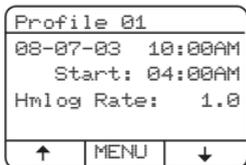


1. Follow Steps 1-5 on page 34, selecting **Pump Profile** from the **Review Memory** screen.

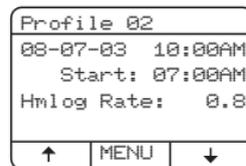
2. Press ↓ or ↑ to scroll through the four pump profile settings.

Hmlog is used as an example only. The insulin type prescribed by your physician may be different.

3. Press **MENU** to return to the **Review Memory** screen.



Example



Example

Downloading Your Meter to a Computer



You can use the cable and software that came with your meter to transfer your stored results to a computer so you can track, analyze and print them out. To load the software, simply follow the installation instructions on your computer when you put in the ACCU-CHEK Compass Diabetes Care software program CD-ROM.

Your meter may also work with some modems designed to communicate with other computers. Talk to your doctor or healthcare professional for more information.



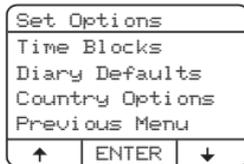
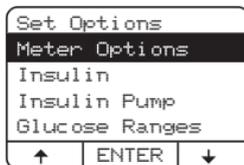
DO NOT RUN A GLUCOSE TEST WHEN YOUR METER IS CONNECTED TO A COMPUTER OR OTHER COMMUNICATIONS DEVICE.

USE ONLY ACCU-CHEK INTERFACE CABLES TO CONNECT TO THE METER'S DATA PORT.

Chapter 5: Setting Your Meter Options

Set Options Menu

You can use the Set Options menu to change several meter settings to fit your needs.



To access the Set Options menu:

1. Press any button to turn on the meter.
2. Press ↓ until **More...** is highlighted.
3. Press **ENTER**.
4. Press ↓ until **Set Options** is highlighted.
5. Press **ENTER**.
6. Press ↓ until the option you want is highlighted.

Setting up your meter options is important if you want to get the most out of your meter's data management features. Your doctor or healthcare professional can also set up or change the meter default (pre-set) values and choices in your Set Options menu.

Meter Options

This option lets you turn the beeper, display backlight, and “Tip of the Day” messages on or off.

Beeper

The beeper is designed to make the meter easier to use, but you can turn it off and not affect your test results in any way.

When set to “On,” the beeper sounds whenever:

- A strip is inserted
- Blood or control solution is applied to a strip
- 15 seconds has passed after starting a test
- A result is displayed
- Buttons are pushed
- An error occurs while testing*
- Batteries are installed*
- A temperature error occurs*

**The beeper will sound for these events even if it is turned off.*

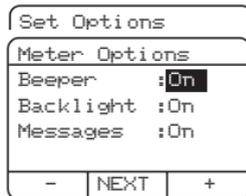
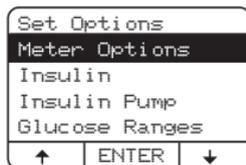
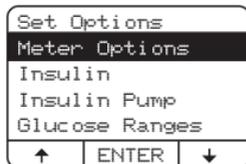
Display Backlight

Turning on the backlight helps you see the display when there is little available light. To save battery power, use the backlight option only when you need it.

Messages

Your meter has 10 different “Tip of the Day” messages that scroll across your screen during a test. They may remind you to do something (“Check your feet daily”) or give you information about managing your diabetes (“Take your medication as prescribed”). Your healthcare professional can change these messages to meet your specific needs, and you can turn them off in the Messages menu.

Setting Meter Options:



Example

1. Follow Steps 1-6 on page 45 to get to the Meter Options menu.
2. When **Meter Options** is highlighted, press **ENTER**.
The **Beeper**, **Backlight**, and **Messages** options appear on the display.
3. Press **EDIT** to change the settings.
4. Press **+** or **-** to change the information in the highlighted area of the screen or **NEXT** to highlight the next area.
5. Press **SAVE** to store the changes. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
6. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Insulin Options

In this area, you can turn the insulin option on or off and can add information about your insulin dosage and type. You can select up to three insulin types and can set the dose up to 127.9 units.

Set Options		
Meter Options		
Insulin		
Insulin Pump		
Glucose Ranges		
↑	ENTER	↓

1. Follow Steps 1-6 on page 45 to get to the Insulin menu.
2. When **Insulin** is highlighted, press **ENTER**.

The first screen allows you to change the on/off setting and the increment.
The second screen allows you to change the insulin type(s).

Insulin		
Insulin: On		
Increment: 0.1		
EDIT	MENU	MORE

3. Press **EDIT** to change the settings or **MORE** to see the next screen.

Example

Insulin		
Ins1: Hm10g		
Ins2: NPH		
Ins3: 70/30		
EDIT	BACK	SAVE

Example

4. Press **+** or **-** to change the setting in the highlighted area of the screen or **NEXT** to highlight the next area.

Insulin		
Insulin: On		
Increment: 0.1		
-	NEXT	+

Example

Insulin		
Ins1: Hmllog		
Ins2: NPH		
Ins3: 70/30		
-	NEXT	+

Example

Based on the scale you use to take insulin, you may change the setting by 0.1, 0.5, or 1.0 units of insulin at a time.

You can select three types of insulin from the following: 10/90, 20/80, 30/70, 40/60, 50/60, 60/40, 70/30, 80/20, 90/10, Regular (Reg), NPH, Lente, Ultralente (Ultra), Humalog (Hmllog), or Other.

5. Press **SAVE** to store the settings. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
6. To turn off the meter, press ↓ to highlight **OFF** and press **ENTER**.

Insulin Pump Setting

You can turn the insulin pump option on or off.

Edit/Enter
Diary
Insulin
Insulin Pump
Carbohydrates
↑ ENTER ↓

1. Follow Steps 1-6 on page 45 to get to the **Insulin Pump** menu.

2. When **Insulin Pump** is highlighted, press **ENTER**.

3. Press **EDIT** to change the setting.

Insulin Pump		
Ins Pump:		On
EDIT	NEXT	SAVE

4. Press **SAVE** to store the settings. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

5. To turn off the meter, press ↓ to highlight **OFF** and press **ENTER**.

Glucose Range Settings

Your doctor may give you a target blood glucose range and instructions for what to do if your results fall below a specific level called the hypoglycemic (hypo) threshold. After you set the ranges in this section, an exclamation point (!) will appear beside any test result outside your range or below your hypo level.

Set Options		
Meter Options		
Insulin		
Insulin Pump		
Glucose Ranges		
↑	ENTER	↓

1. Follow Steps 1-6 on page 45 to get to the **Glucose Ranges** menu.

2. When **Glucose Ranges** is highlighted, press **ENTER**.

3. Press **EDIT** to change the settings.

Ranges mg/dL		
Upper limit: 140		
Lower limit: 70		
Hypo: 50		
EDIT	MENU	SAVE

4. Press **+** or **-** to change the setting in the highlighted area of the screen or **NEXT** to highlight the next area.

5. Press **SAVE** to store the changes. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

Ranges mg/dL		
Upper limit: 140		
Lower limit: 70		
Hypo: 50		
-	NEXT	+

6. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Time Block Settings

Setting time blocks to fit your own schedule will help you and your healthcare provider see how patterns in your blood glucose are affected by your daily activities and lifestyle.

You can change the time period for any of the eight time blocks already set up in your meter. Talk to your healthcare professional about the best way to set up your time blocks to help you manage your diabetes.

You only need to set the start time for each time block. Your meter will automatically set the finish time when you set the start time for the next block. (Each block must be at least 30 minutes long.) Here is a suggested pattern to follow:

Time Block	Name	Time Block Start Time
Night time	(Ngt)	1 hour after you normally go to bed
Breakfast	(Brk)	The time you normally wake up
Midmorning	(Mmo)	The time you normally finish breakfast
Lunch	(Lun)	1 ½ hours before you normally eat lunch
Midafternoon	(Maf)	The time you normally finish lunch
Dinner	(Din)	1 ½ hours before you normally eat dinner
Evening	(Eve)	The time you normally finish dinner
Bedtime	(Bed)	1 ½ hours before you normally go to bed

To Set Time Blocks:

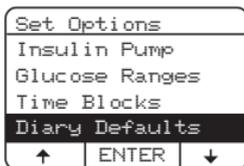
Set Options		
Insulin		
Insulin Pump		
Glucose Ranges		
Time Blocks		
↑	ENTER	↓

Time Blocks		
NGT	12:00AM	05:29
BRK	05:30AM	07:59
MMO	08:00AM	10:59
LUN	11:00AM	12:29
EDIT	MENU	MORE

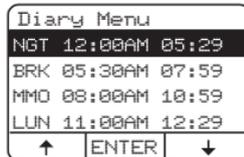
1. Follow Steps 1-6 on page 45 to get to the **Time Blocks** menu.
2. When **Time Blocks** is highlighted, press **ENTER**. The first screen shows the first four time blocks; the second screen shows the next four.
3. Press **EDIT** to change the time block settings or **MORE** to see the next four time blocks, then **EDIT** to change the settings.
4. Press **+** or **-** to change the highlighted starting time or **NEXT** to move to the next time block.
5. Press **SAVE** to store the settings. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
6. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Diary Default Settings

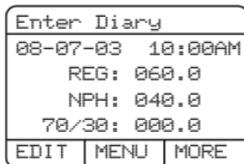
The Diary Default option gives you an easy way to store the details of your daily routine in the meter so it can link your normal activities with your blood glucose test results. Using this option, you can describe what normally happens in each time block (exercise level, carbohydrate amounts, etc.) so your meter automatically displays that information each time you test your blood sugar. Then you can easily change them or save them in memory along with the result.



1. Follow Steps 1-6 on page 45 to get to the **Diary Defaults** menu.
2. When Diary Defaults is highlighted, press **ENTER**. The screen shows the first four time blocks. (To see the next four, continue pressing ↓.) The NGT (Nighttime) entry is automatically highlighted.



3. Press ↓ until the time block you want is highlighted, then press **ENTER**.
4. Press **EDIT**.



Example

Enter Diary		
08-07-03 10:00AM		
Exercise: 0000		
Duration: ____		
(HH:MM)		
-	NEXT	+

Enter Diary		
BRK 05:30AM 07:59		
No Event		
No Event		
-	NEXT	+

5. Press **+** or **-** to set the entry to what would be normal for you during that time block, then press **NEXT** to move to the next entry.

For information on selecting insulin type, see page 48.

6. Press **SAVE** to store the settings. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
7. To return to the **Set Options** menu, press **MENU**. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Country Options

This option lets you select the appropriate language, glucose unit, and decimal separator for your country.

Language

Your ACCU-CHEK Complete meter lets you select one of four languages. (The four languages available are based on the country where you purchased the meter.)

To see if an additional language is available, call the ACCU-CHEK Customer Care service center at 1-800-858-8072. The phone number is also listed on the back of your meter.

Glucose Unit

The meter is set at the factory to give glucose values in mg/dL or mmol/L, whichever is typical in the country where the meter was purchased.

Decimal Separator

You can choose a decimal point (3.5 mmol/L) or a comma (3,5 mmol/L) as the punctuation for decimal numbers, whichever is used in your country.

To Set Country Options:

Set Options		
Glucose Ranges		
Time Blocks		
Diary Defaults		
Country Options		
↑	ENTER	↓

1. Follow Steps 1-6 on page 45 to get to the **Country Options** menu.
2. When **Country Options** is highlighted, press **ENTER**.
3. Press **EDIT** to change the settings.

The language entry (Lang) is automatically highlighted.

Country Options		
Lang: English		
Glu Units: mg/dL		
Separator: .		
EDIT	MENU	SAVE

4. Press **+** or **-** to change the information in the highlighted area of the screen or **NEXT** to highlight the next area.

Selecting None for the language resets the meter to “no language” and causes the Language menu to appear the next time the meter is turned on. A language must be selected for the meter to operate.

Country Options		
Lang:	English	
Glu Units: mg/dL		
Separator: .		
-	NEXT	+

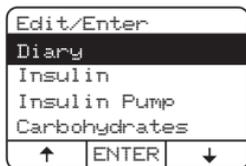
5. Press **SAVE** to store the settings. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
6. To return to the **Set Options** menu, press **MENU**. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Chapter 6: Adding and Changing Information in Memory

Enter/Edit Menu Options

Your meter allows you to add (ENTER) new information to the memory or change (EDIT) information already stored there.

While you can't change the results of a blood glucose or control test, you can edit all the types of information shown in the **Edit/Enter** menu.



To access the Edit/Enter menu:

1. Press any button to turn on the meter.
2. Press ↓ until **More...** is highlighted.
3. Press **ENTER**. **Edit/Enter Data** is highlighted.
4. Press **ENTER**.
5. Press ↓ until the option you want is highlighted.

There are two basic ways to edit the information in your meter's memory:

1) Diary Screen – Choosing this option lets you enter and edit several types of information:

- Insulin and Insulin Pump (see pages 62 and 64)
- Carbohydrates (see page 68)
- Event Markers (see page 70)
- Exercise (see page 74)

The Diary option is best if you have more than one type of information to add or change, because you can edit different categories without going back to the **Edit/Enter** menu.

2) Individual Screens – You can also add or change one type of information (for example, exercise) by going directly to that section in the menu. This is usually the fastest and best choice if you just want to make a change in one area.

Changing Diary Information

Edit/Enter		
Diary		
Insulin		
Insulin Pump		
Carbohydrates		
↑	ENTER	↓

1. Follow Steps 1-4 on page 58 to get to the **Edit/Enter** menu.
2. When **Diary** is highlighted, press **ENTER**. The date and time of your last two values appear on the display.

Select Date		
08-07-03 06:00AM		
08-07-03 02:00PM		
New		
Previous Menu		
↓	MENU	↑

3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.
4. Press **EDIT** if you want to change the information on this screen, or press **MORE** (next screen) or **BACK** (previous screen) to find the screen you want, then press **EDIT**.

Screens will not appear for features you have not enabled. (See page 70 for information on enabling features.)

Enter Diary		
08-07-03 10:00AM		
Hmlog: 010.0		
NPH: 020.0		
70/30: 000.0		
EDIT	MENU	MORE

Enter Diary		
08-07-03 10:00AM		
Carbs: 015g		
EDIT	BACK	MORE

Enter Diary		
08-07-03 10:00AM		
Exercise: MILD		
Duration: 01:10		
(HH:MM)		
EDIT	BACK	MORE

Enter Diary		
08-07-03 10:00AM		
No Event		
No Event		
EDIT	BACK	MORE

5. Press **+** or **-** to change the information in the highlighted area on the screen or **NEXT** to move to the next area.

6. Press **SAVE** to store the changes or new information in the meter's memory. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

Enter Diary		
08-07-03 10:00AM		
No Event		
No Event		
EDIT	BACK	SAVE

7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Insulin Information

If you take insulin, you can use this option to enter the insulin amounts you take.

You must enable this feature in the Set Options screen before it will appear in this section. For more information about setting up this feature, see page 48.

Edit/Enter		
Diary		
Insulin		
Insulin Pump		
Carbohydrates		
↑	ENTER	↓

1. Follow Steps 1-4 on page 58 to get to the **Edit/Enter** menu.
2. When **Insulin** is highlighted, press **ENTER**. The date and time of your last two values appear on the display. **New** is automatically highlighted.
3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.

Select Date		
08-07-03 06:00AM		
08-07-03 02:00PM		
New		
Previous Menu		
↓	MENU	↑

Enter Insulin		
08-07-03 10:00AM		
Hmlog: 010.0		
None: 020.0		
None: 000.0		
EDIT	MENU	SAVE

Example

Enter Insulin		
08-07-03 10:00AM		
Hmlog: 010.0		
None: 020.0		
None: 000.0		
-	NEXT	+

Example

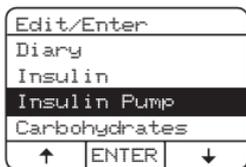
4. Press **EDIT**. The highlighted numbers are the ones you can change.
5. Press **+** or **-** to change the information in the highlighted area on the screen or **NEXT** to highlight the next area.

For information on insulin dosages, see page 48.

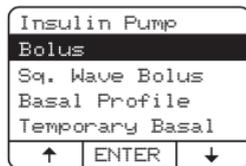
6. Press **SAVE** to store the changes or new information in the meter's memory. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Insulin Pump Information

If you use an insulin pump, you can use this option to store information about your pump (bolus amounts, temporary basal rates, square wave bolus amounts, and basal profiles) along with your blood glucose results. You must enable this feature in the Set Options screen before it will appear in this section. For more information about setting up this feature, see page 48.

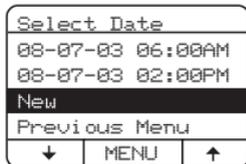


1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.



2. When **Insulin Pump** is highlighted, press **ENTER**. **Bolus** is automatically highlighted.

3. Press **↓** to highlight the option you want.



4. Press **ENTER**. The date and time of your last two values appear on the display. **New** is automatically highlighted.

5. Press **ENTER** to add new information, or press **↓** to highlight the date you want to change, then press **ENTER**.
6. Press **EDIT**. The display you see will depend on which insulin pump option you selected. The highlighted numbers are the ones you can change.

For the Basal Profile screen, press **EDIT** to change insulin type, then **MORE** and **EDIT** to change the 12 profile settings.

Enter Bolus		
08-07-03 10:00AM		
Hmlog: 05.0		
EDIT	MENU	SAVE

Example

Seq. Wave Bolus		
08-07-03 10:00AM		
Hmlog Rate: 0.8		
Duration: 02:00		
(HH:MM)		
EDIT	MENU	SAVE

Example

Basal Profile		
08-07-03 10:00AM		
Insulin: Hmlog		
EDIT	MENU	MORE

Example

Temp Basal		
08-07-03 10:00AM		
Hmlog Rate: 0.6		
Duration: 04:00		
(HH:MM)		
EDIT	MENU	SAVE

Example

Enter Bolus		
08-07-03 10:00AM		
Hmlog: 05.0		
-	NEXT	+

Example

Sq. Wave Bolus		
08-07-03 10:00AM		
Hmlog Rate: 0.8		
Duration: 02:00		
(HH:MM)		
-	NEXT	+

Example

Basal Profile		
08-07-03 10:00AM		
Insulin: Hmlog		
EDIT	MENU	MORE

Example

- Press **+** or **-** to change the information in the highlighted area on the screen or **NEXT** to highlight the next area.

The available increments for bolus insulin amount will depend on how you set up the meter. For more information, see page 48.

The square wave bolus rate can be adjusted in 30-minute segments up to a maximum of eight hours.

The insulin type appears on the screen, along with the pump profile start date and time.

The first four basal rates appear, along with the start time.

The temporary basal insulin rate can be adjusted in 30-minute segments up to a maximum of eight hours.

Basal Profile		
04:00 AM	1.0	
07:00 AM	0.8	
08:00 PM	0.6	
11:00 PM	0.4	
-	NEXT	+

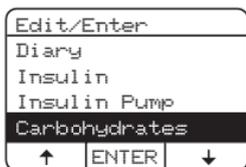
Example

This screen lets you set the start time for up to 12 basal rates for each 24-hour basal profile, up to a total of four profiles. Each rate will continue until the start time of the next rate.

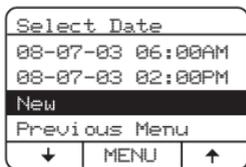
8. Press **SAVE** to store the changes or new information in the meter's memory. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
9. To continue, press **↓**. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Carbohydrate Information

If you count grams of carbohydrates to help you manage your diabetes, you can use this option to enter your carbohydrate information and link it to your blood glucose results.



1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.
2. When **Carbohydrates** is highlighted, press **ENTER**. The date and time of your last two values appear on the display. **New** is automatically highlighted.
3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.



The date and time of the entry appear, along with the amount of carbohydrates eaten (measured in grams).

Enter Carbs		
08-07-03 10:00AM		
Carbs: 015g		
EDIT	MENU	SAVE

Enter Carbs		
08-07-03 10:00AM		
Carbs: 015g		
-	DONE	+

4. Press **EDIT**.
5. Press **+** or **-** to change the grams of carbohydrates eaten, then press **NEXT** or **DONE**.

The highlighted numbers are the ones you can change. The highest number of grams you can enter is 255.

6. Press **SAVE** to store the changes or new information in the meter's memory. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Event Marker Information

Event markers are comments that you store with your blood sugar results to help explain the circumstances when you tested — for example, before a meal, after exercise, or when you're sick. This information can help you and your doctor manage your diabetes more effectively.

The 15 Event Markers set up in your meter can be changed with a special software program. Contact your doctor or healthcare professional if you'd like to find out more.

The Event Markers in your meter include:

- Before Meal
- After Meal
- Fasting
- Snack
- Feel Hypo.
- Before Exercise
- After Exercise
- Illness
- Invalid Test
- Other's Result
- User Defined
- Stress
- L1 Control
- L2 Control
- Oral Medication

The Event Markers available through the software program include:

Diet Comments

- Before Meal
- Before Breakfast
- After Lunch
- Different Food
- After Meal
- After Breakfast
- Before Dinner
- Over Ate
- Skipped Meal
- Fasting
- Snack
- Before Lunch
- After Dinner

- Under Ate

- Drank Alcohol

Activity Comments

- Bed Time
- Before Exercise
- Wake up Time
- Night Time
- After Exercise
- Active
- Inactive
- Vacation

Physiological Comments

- Feel Hypo.
- Infection
- Feel High Sugar
- Stress
- Illness
- Menses

Miscellaneous Comments

- Link Last Record
- Oral Medication
- New Pump Tubing
- Invalid Test

- Other's Result
- User Defined
- New Time Zone
- No Event Marker

Environment Comments

- Hot Outdoors
- Cold Outdoors
- High Humidity

Control Solution Testing Comments

- L1 Control
- L2 Control
- L3 Control

Changing Event Markers

Edit/Enter		
Insulin		
Insulin Pump		
Carbohydrates		
Events		
↑	ENTER	↓

1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.
2. When **Events** is highlighted, press **ENTER**.

The date and time of your last two values appear on the display. **New** is automatically highlighted.

Select Date		
08-07-03 06:00AM		
08-07-03 02:00PM		
New		
Previous Menu		
↓	MENU	↑

3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.

The date and time of the entry appear, along with Event1 and Event2. To see Event3 and Event4, press **MORE**.

Enter Events		
08-07-03 10:00AM		
Event1 text		
Event2 text		
EDIT	MENU	MORE

If you have already entered an event with this result, the actual text will appear. If not, **No Event** will appear.

4. Press **EDIT**.

5. Press **+** or **-** to change the highlighted Event Marker (comment) or **NEXT** to highlight the next Event Marker.

The highlighted Event Markers are the ones you can change.

6. Press **SAVE** to store the changes or new information in the meter's memory.

If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Exercise Information

The Exercise option lets you keep track of important information about the amount and type of exercise you do and how it relates to your blood glucose results.

Edit/Enter		
Insulin Pump		
Carbohydrates		
Events		
Exercise		
↑	ENTER	↓

1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.
2. When **Exercise** is highlighted, press **ENTER**.

The date and time of your last two values appear on the display. **New** is automatically highlighted.

Select Date		
08-07-03 06:00AM		
08-07-03 02:00PM		
New		
Previous Menu		
↓	MENU	↑

3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**. The date and time of the entry appear, along with the type and length of the exercise.

Enter Exercise		
08-07-03 10:00AM		
Exercise: Mild		
Duration: 01:10		
(HH:MM)		
EDIT	MENU	SAVE

4. Press **EDIT**.

Enter Exercise		
08-07-03 10:00AM		
Exercise: Mild		
Duration: 01:10		
(HH:MM)		
-	NEXT	+

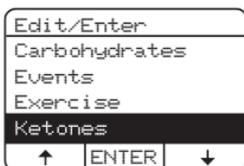
5. Press **+** or **-** to change the information in the highlighted area of the screen or **NEXT** to highlight the next area.

To describe the type of exercise, you can select **Easy**, **Mild**, or **Hard**. You can adjust duration in five-minute segments up to 12 hours.

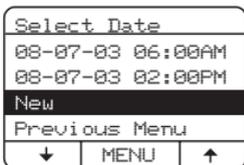
6. Press **SAVE** to store the changes or new information in the meter's memory. If you press **MENU** before you press **SAVE**, the changes you made will not be saved.
7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing Ketone Information

If glucose builds up in your blood instead of getting to your cells to be used for energy, your body burns fat for fuel, producing ketones, which can be harmful. Whenever your blood sugar is above 240 mg/dL for several days, it's important to test the level of ketones in your urine with Chemstrip® K Urine test strips or Chemstrip uGK Urine test strips. You can add the results to your blood sugar test information in this section. ^{1,2}

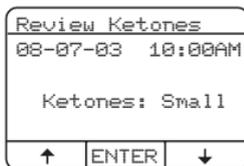


1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.
2. When **Ketones** is highlighted, press **ENTER**.



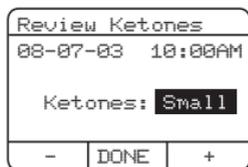
The date and time of your last two values appear on the display. **New** is automatically highlighted.

3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.



The date and time of the entry appear, along with the ketones test result information.

4. Press **EDIT**.



5. Press **+** or **-** to change the information in the highlighted area of the screen or **NEXT** to highlight the next area. Press **DONE** when finished.

For ketone results, you can choose **Negative**, **Trace**, **Small**, **Moderate**, or **Large**.

6. Press **SAVE** to store the changes or new information in the meter's memory.

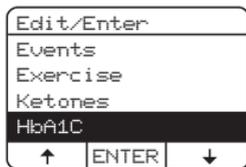
If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Changing A1c Information

The Hemoglobin (A1c) test gives you a 3-4 month average of your blood sugar level. Lower A1c levels can reduce your risk of diabetes-related complications. When combined with your blood sugar result information, A1c test results can help you and your doctor get a clearer idea of how well you are managing your diabetes.^{1,2}

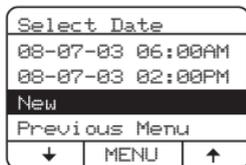
For more information on the A1c test, talk to your doctor.



1. Follow Steps 1-5 on page 58 to get to the **Edit/Enter** menu.

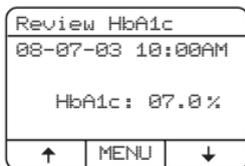
2. When **HbA1C** is highlighted, press **ENTER**.

The date and time of your last two values appear on the display. **New** is automatically highlighted.



3. Press **ENTER** to add new information, or press **↑** to highlight the date you want to change, then press **ENTER**.

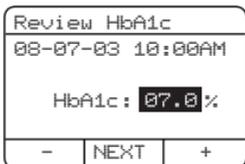
The date and time of the entry appear, along with the A1c test result information.



4. Press **EDIT**.

5. Press **+** or **-** to change the information in the highlighted area of the screen or **NEXT** to highlight the next area. Press **DONE** when finished.

You can adjust test values by 0.1% at a time, from 0% to 25.0%.



6. Press **SAVE** to store the changes or new information in the meter's memory.

If you press **MENU** before you press **SAVE**, the changes you made will not be saved.

7. To turn off the meter, press **↓** to highlight **OFF** and press **ENTER**.

Chapter 7: Maintenance and Troubleshooting

Cleaning Your Meter

Caring for your ACCU-CHEK Complete meter is easy – just keep it free of dust. But if you need to clean it, following these guidelines carefully will help you get the best performance possible:

Do

- Make sure the meter is turned off.
- Gently wipe the meter's surface with a soft cloth slightly dampened with one of these cleaning solutions:
 - 70% alcohol
 - Mild dishwashing liquid mixed with water
 - 10% household bleach solution (1 part bleach in 9 parts water) made the same day

Do Not

- Get any moisture in the code key slot or test strip slot.
- Spray any cleaning solution directly onto the meter.
- Put the meter under water (or any liquid).
- Pour liquid into the meter.

Maintenance and Testing

Your meter needs little or no maintenance with normal use. It automatically tests its own systems every time you turn it on and lets you know if something is wrong. (See page 83 for error messages and what to do about them.)

If you drop the meter or think it's not giving accurate readings, make sure that your test strips and control solution haven't expired, then run a control test.

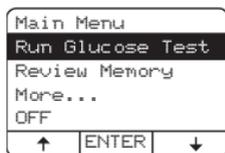
Cleaning Your Lancet Device

To clean the ACCU-CHEK Softclix lancet device, use a mild dishwashing liquid and a soft cloth. DO NOT place the entire device under water. At least once a week, disinfect the cap after cleaning by placing it in 70% alcohol (isopropyl) for 10 minutes. Allow the cap to air-dry after disinfecting.

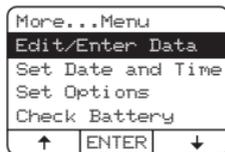
Checking the Batteries:

The meter lets you check the strength of your batteries so you can know when they are running low.

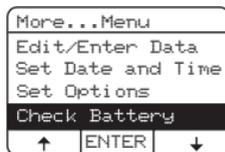
To Check the Batteries:



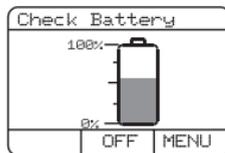
1. Press any button to turn on the meter.



2. Press ↓ to highlight **More...**, then press **ENTER**.



3. Press ↓ to highlight **Check Battery**.



4. Press **ENTER**.

The Battery indicator shows how much power the batteries have left, from 0% (dead) to 100% (full strength). The smaller marks show 25%, 50%, 75%.

When the battery power gets down to about 20%, a low battery warning symbol will appear on the screen, indicating it is time to install new batteries.



Replace both batteries with AAA alkaline batteries. DO NOT use lithium or NiCad batteries.

5. Press **MENU** to return to the **More...**, menu, or press **OFF** to turn off the meter.

Screen Messages and Troubleshooting



Never make treatment decisions based on an error message. If you have any concerns, please call the ACCU-CHEK Customer Care service center at 1-800-858-8072, 24 hours a day, 365 days a year.

Code key missing
Turn off monitor
Insert correct
code key

The code key is missing or not inserted completely. Turn off the meter and put in the code key. See page 14.

Wrong code key
Turn off monitor
Insert correct
code key

The wrong type of code key was inserted. Turn off the meter and put in the correct code key. See page 14.

Code key damaged

Turn off monitor
Insert correct code key

The code key is damaged. Turn off the meter and put in the correct code key. See page 14.

Bad strip Remove and retry

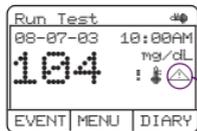
Your blood sugar may be extremely low, an incorrect amount of blood was applied, or the test strip is damaged or inserted improperly. If you see this error message **after** you put blood on the test strip, see page 29. If you see this error message **before** you put blood on the strip, remove test strip and reinsert, or insert a new test strip. If the message reappears, call the ACCU-CHEK Customer Care service center at 1-800-858-8072.

Strips expired
Turn off monitor
Use new strips and code key

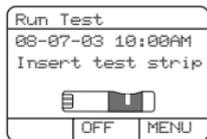
The test strips are expired. Turn off the meter and put in the code key from a new vial of (unexpired) test strips.

Bad strip Remove and retry

Something other than an ACCU-CHEK Comfort Curve or ACCU-CHEK Advantage test strip was inserted into the test strip guide. Remove it and continue testing with the correct strip.



The test was performed with an expired code key or the date was not set accurately. Turn off the meter and put in a new code key. Also make sure the date and time are set correctly.



The meter is ready for you to put in a test strip.

HI is displayed
for the blood
glucose result

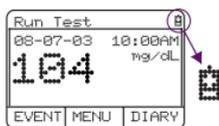
Blood sugar is higher than the measuring range of the system. See page 29.



The meter is ready for a drop of blood to be put on the test strip.

LO is displayed
for the blood
glucose result

Blood sugar is lower than the measuring range of the system. See page 29.



Battery power is low. Change the batteries soon.

ERROR!
High Glucose!!
Repeat test
See manual

Your blood sugar result may be extremely high and above the system's reading range. See page 29 **immediately**.

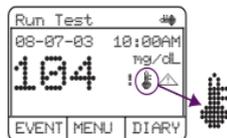
Replace
batteries

Batteries are almost out of power. Change them now.

Temperature error
Cannot perform test

The meter is being operated outside of the appropriate temperature range. Move to an area where the temperature is appropriate for running a test, wait 5 minutes and repeat the test. *Do not artificially heat or cool the meter.* Refer to the test strip package insert for the temperature range appropriate for the operation of your system.

Batteries have just been replaced. Wait 40 seconds after batteries are replaced to run a test.



This reading in memory may not be accurate because the test was performed outside the operating temperature range of the system.

! is displayed beside blood glucose value

Blood sugar result is out of normal range or below hypo. If this is consistent with the way you feel, follow your doctor's instructions. If it isn't, first make sure you set your target glucose ranges correctly (see page 51). Then run a glucose control check (see page 18).

! is displayed beside control value

Control result is out of acceptable range. Compare the control value to the acceptable range printed on the side of the test strip vial.

Meter error
Cannot perform test

The meter has failed its internal operation check. Call the ACCU-CHEK Customer Care service center at **1-800-858-8072**.

Wrong language displayed

The wrong language was set in initial setup or when entering Country Options. Press the middle button until the meter turns off, then press all three buttons at the same time to bring up the counter screen. Press the middle button to reset language to “None” and the meter will automatically turn off. When the meter is turned on again, you will be asked to select a language.

Memory error (when not reviewing memory)

The meter has been dropped or has received a sharp blow. Call the ACCU-CHEK Customer Care service center at **1-800-858-8072**.

A continuous “beep” is heard

There may be moisture in the meter. Turn off the meter and take out the batteries. Place the meter in a cool dry place and wait several hours. If the beeping still occurs when you turn the meter on again, call the ACCU-CHEK Customer Care service center at **1-800-858-8072**.

Memory error (when reviewing memory)

The meter has been dropped or has received a sharp blow. You will be able to recall all past and future test results from memory, but not the result that displayed the message.

Chapter 8: Technical Information

Product Limitations

Please read the literature packaged with your test strips to find the latest information on product specifications and limitations.

Specifications

Display	Dot matrix
Rated operation	Continuous operation
Power supply	Two (AAA) batteries
Data port	3 wire RS-232C serial port
Accuracy and precision	Refer to the test strip package insert
Measuring range	Refer to the test strip package insert
Sample size	Refer to the test strip package insert
Measuring time	Refer to the test strip package insert
System operating conditions	Refer to the test strip package insert
Meter storage conditions	-13° to 149°F (-25° to 65°C)
Test strip storage conditions	Refer to the test strip package insert

Relative humidity operating range	Less than 85%
Languages	4 stored
Memory capacity	1000 values
Dimensions	4.79 x 2.83 x 1.06 inches (121.7 x 72 x 27 mm)
Weight	4.4 oz. (125 g) without batteries
Lancet device depths	0.80, 0.95, 1.10, 1.25, 1.40, 1.55, 1.70, 1.85, 2.00, 2.15, 2.30 mm

Product Safety Information

Explanation of Symbols



CAUTION

Please refer to safety-related notes in the manual accompanying this instrument.



AAA batteries



The ACCU-CHEK Complete meter has been listed by Underwriter's Laboratories, Inc., in accordance with UL 3101-1 and CAN/CSA C22.2 No. 1010-1.



This product fulfills the requirements of Directive 98/79/EC on *in vitro* diagnostic medical devices.

ACCU-CHEK Complete Limited 3-Year Warranty

Roche Diagnostics warrants to the original purchaser of the meter, that your ACCU-CHEK Complete meter will be free from defects in materials and workmanship for 3 years from the date of purchase. If, during this 3-year period, the meter does not work properly because of a defect in materials or workmanship, Roche Diagnostics will replace it with a new ACCU-CHEK Complete meter or equivalent product free of charge. The warranty of the replacement meter will expire on the date of the original warranty expiration or 90 days after the shipment of a replacement system, whichever period is longer. The purchaser's exclusive remedy with respect to the ACCU-CHEK Complete meter shall be replacement.

This warranty does not apply to the performance of an ACCU-CHEK Complete meter that has been damaged by accident or has been altered, misused, tampered with, or abused in any way. Roche Diagnostics will handle meters that show damage or abuse according to its Non-Warranty Service Policy described below.

THE ABOVE WARRANTY IS EXCLUSIVE OF ALL OTHER WARRANTIES, AND ROCHE DIAGNOSTICS MAKES NO OTHER WARRANTIES, EXPRESS OR IMPLIED, INCLUDING WITHOUT LIMITATION, THE IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE. IN NO EVENT SHALL ROCHE DIAGNOSTICS BE LIABLE TO THE PURCHASER OR ANY OTHER PERSON FOR ANY INCIDENTAL, CONSEQUENTIAL, INDIRECT, SPECIAL, OR PUNITIVE DAMAGES ARISING FROM OR IN ANY WAY CONNECTED WITH THE PURCHASE OR OPERATION OF THE METER OR ITS PARTS. NO WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE, IF ANY IS IMPLIED FROM THE SALE OF THE METER, SHALL EXTEND FOR A LONGER DURATION THAN THREE YEARS FROM THE DATE OF PURCHASE.

Some states do not allow limitations on how long an implied warranty will last or the exclusion of incidental or consequential damages, so the above elimination and exclusion may not apply to you. This warranty gives you specific legal rights, which vary from state to state.

We offer a 30-day money-back guarantee and a 3-year warranty

Money-back offer conditions and exceptions: This money-back offer is void for persons enrolled in, or for any prescriptions reimbursed by, a third-party payer including public (e.g. Medicare/Medicaid) and private payers. Consumers affected by this exclusion may instead request a different ACCU-CHEK meter/system.

Non-Warranty Service Policy

Roche Diagnostics' Non-Warranty Service Policy applies to meters where the above warranty has not become effective, has become inapplicable, or has expired. Roche Diagnostics will replace at its option meters returned to it for a service charge (not to exceed \$35). Replacement will be with the same or similar product. Replacement meters will be warranted for a period of 90 days from shipment under a limited warranty providing for replacement of parts and labor at no charge.

Warranty and Service Instructions

All requests for return of ACCU-CHEK Complete meters under the above warranty or service policy must be made to the ACCU-CHEK Customer Care service center by calling 1-800-858-8072. You will be mailed a return authorization label, which must be affixed to your carton for shipping the system to Roche Diagnostics. Cartons received without this label will be returned to you at your expense.

Customers experiencing difficulties should review the troubleshooting information beginning on page 83 of this booklet. Further inquiries should be directed to the ACCU-CHEK Customer Care service center at 1-800-858-8072.

Be sure to fill out and mail the warranty card that comes with the ACCU-CHEK Complete system.



CAUTION: A RESTRICTED LICENSE LIMITS USE OF THE ACCU-CHEK COMPLETE SYSTEM – READ CAREFULLY THE LIMITATIONS RECITED BELOW.

The ACCU-CHEK Softclix lancet device and its use are protected by U.S. Patent Nos. 4,924,879 and Re. 35,803. A license to use the ACCU-CHEK Softclix lancet device is only granted when ACCU-CHEK Softclix lancets are used as a part of the ACCU-CHEK Softclix lancet device.

The ACCU-CHEK Complete system (meter, including the code key, and test strips) and its use are protected by U.S. Patent Nos. 5,508,171; 5,053,199; 5,288,636; 5,405,511; 5,366,609; 5,762,770 (applies only to ACCU-CHEK Advantage test strips); Re. 36,268 (applies to the ACCU-CHEK Complete system when used with ACCU-CHEK Comfort Curve test strips); and 5,352,351. A license to use the ACCU-CHEK Complete system is only granted when the ACCU-CHEK Complete meter is used with the ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve test strips and ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve code keys. ACCU-CHEK Advantage and ACCU-CHEK Comfort Curve test strips are provided with a specifically matched ACCU-CHEK Advantage or Comfort Curve code key. These test strips and code keys are specifically manufactured for operation with the ACCU-CHEK Complete meter. Use of other test strips with an unmatched code key or even with the matched code key supplied by another manufacturer may prevent or impair the proper function of the ACCU-CHEK Complete system.

Using the ACCU-CHEK Complete system indicates your acceptance of the restricted license to use the ACCU-CHEK Complete system only with ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve test strips and the ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve code key. Further, if you have purchased an ACCU-CHEK Complete monitoring kit or an ACCU-CHEK Complete meter that includes this restricted license,

then this restricted license applies regardless of any additional offers found in ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve test strip packages. If you do not agree to the terms and conditions of the restricted license, you may return, at the place of purchase, the unused ACCU-CHEK Complete system for a full refund. If you have any questions, please call the ACCU-CHEK Customer Care service center at 1-800-858-8072.

Except where prohibited by statute, all warranties covering the ACCU-CHEK Complete system are voided by use of the ACCU-CHEK Complete system with any test strip or code keys other than ACCU-CHEK Advantage or ACCU-CHEK Comfort Curve test strips or code keys.

Patent Information

This product is covered by one or more of the following U.S. Patent Nos. 4,999,632; 4,999,582; 4,963,814; 5,508,171; 5,352,351; 5,405,511; 5,438,271; 5,997,817; 6,254,736; 6,270,637 (the latter three patents covering ACCU-CHEK Comfort Curve test strips); 5,288,636; 5,627,075; 4,891,319; 5,762,770 (when used with ACCU-CHEK Advantage test strips); 5,053,199; Re. 36,268 (when used with ACCU-CHEK Comfort Curve test strips); and 5,366,609. U.S. Patent No. 4,891,319 is licensed from Quadrant Holdings Cambridge Limited. The ACCU-CHEK Softclix lancet device is covered by U.S. Patent Nos. 4,924,879 and Re. 35,803.

Additional Supplies

The following supplies and accessories are available from diabetes healthcare centers, pharmacies, or medical/surgical supply dealers:

Test Strips

ACCU-CHEK Comfort Curve Test Strips Cat. Nos. 2030365, 2030373, 2030381, 2030420,
3000141

ACCU-CHEK Advantage Test Strips Cat. Nos. 336, 553, 966

Control Solutions

**ACCU-CHEK Comfort Curve
Control Solutions** Cat. Nos. 2030390, 2030411

**ACCU-CHEK Advantage
Control Solutions** Cat. Nos. 552, 986

Lancets

ACCU-CHEK Softclix Lancet Device Cat. No. 957

ACCU-CHEK Softclix Lancets Cat. No. 971 (100/box)

ACCU-CHEK Softclix Lancets Cat. No. 988 (200/box)

Information for Professional Caregivers



Healthcare Professionals: Follow the infection control procedures appropriate for your facility.

References

1. Stedman, Thomas Lathrop, *Stedman's Medical Dictionary, 27th Edition*, pg. 2082, 1999.
2. American Diabetes Association, "Clinical Practice Recommendations 2003." *Diabetes Care*, Vol. 26, Supplement 1, pg. S21–S24, 2003.

Index

ACCU-CHEK Softclix Lancet
Device, 23-24

appetite, increased, 29

battery, changing, 11

battery, installing, 11

battery, type, 12, 88-89

beeper settings, 46-47

blood sugar, high, 29

blood sugar, low, 29

blood sugar, testing, 23-26

blurred vision, 29

button, on/off, 8, 9

code key, 14

computer, connecting your
meter to, 44

control solution, 17-22, 94

control test results,
understanding, 21

control test, acceptable
range, 21

control test, results, 21

control test, running, 18

control test, unacceptable
range, 21

dehydration, 3

depth, lancet, 24

diary, 27

error messages, 83-87

expiration date, 22

fatigue, 29

frequent urination, 29

heartbeat, rapid, 29

high blood sugar, 29

hyperglycemia, 29

hypoglycemia, 29

lancet device, 23, 24, 94

lancet, 23, 94

limitations, product, 88

logging results, 27

low blood sugar, 29

maintenance, meter, 80

memory, meter, 33-44

messages, error, 83-87

meter memory, 33-44

meter, coding, 14

money-back guarantee, 91

numbness, 29

- product limitations, 88
- product specifications, 88
- professional caregivers, 95
- rapid heartbeat, 29
- results, control test,
 - understanding, 21
- results, logging, 27
- results, test,
 - understanding, 29
- settings, meter, 46
- Softclix Lancet Device,
 - 23, 24 ,94
- specifications, meter, 88
- supplies, 94
- sweating, 29
- symbols, 89

- technical information, 88
- test results,
 - understanding, 29
- test results, unusual, 29
- test strips,
 - ACCU-CHEK Advantage, 15
- test strips,
 - ACCU-CHEK Comfort Curve, 15
- test, blood sugar, 23-27
- thirst, increased, 29
- time and date, setting, 13
- tingling, 29
- trembling, 29
- troubleshooting, 83
- unusual test results, 29
- urination, frequent, 29

- vision, blurred, 29
- warranty, 90
- water loss, 3
- www.accu-chek.com, 1

Notes

Notes

Notes

ACCU-CHEK® Complete



ACCU-CHEK Customer Care Service Center 1-800-858-8072
www.accu-chek.com

©2004 Roche Diagnostics. All rights reserved.

Roche Diagnostics
9115 Hague Road
Indianapolis, IN 46256

ACCU-CHEK, COMPLETE, ADVANTAGE, COMFORT CURVE, SOFTCLIX, ACCU-CHEK COMPASS,
and CHEMSTRIP are trademarks of a Member of the Roche Group.

HUMALOG is a trademark of Eli Lilly and Company.

03503259003-1204