

TRUE Meter Guide



Accurate and precise results
for managing your diabetes
effectively and affordably...

because it fits your lifestyle!

Choosing the right TRUE meter to fit your needs and lifestyle...

TRUEresult

TRUEresult
mini

TRUEresult
twist

TRUE PRODUCT RANGE	TRUEresult	TRUEresult mini	TRUEresult twist
No coding system	✓	✓	✓
Easy to use	✓	✓	✓
Accuracy and precision you can depend on	✓	✓	✓
Numbers on the display easy to read	✓	✓	✓
Meter and test strips easy to handle	✓	✓	✓
Strip release button	✓	✓	✓
Affordable test strips	✓	✓	✓
Lancing device included in kit	✓	✓	✓
Small in size	✓	✓	✓
7, 14 and 30-day monitoring averages	7, 14 & 30-day	7, 14 & 30-day	
Easy blood application; tiny sample size	0.5 microliter	0.5 microliter	0.5 microliter
Quick 4-second test results	✓	✓	✓
Result memory	500	500	99
4 testing reminder alarms	✓		
Ketone test reminder	✓		
Data management capabilities – you can upload your meter results to a computer	✓	✓	
Lifetime warranty for the meter	✓	✓	✓

Nipro Customer Care: 1800 451 737

TRUEresult

Put advanced performance testing in the palm of your hand!

TRUEresult is an advanced performance no-coding meter for fast, easy and accurate testing.

- No coding
- Results as fast as 4 seconds
- Tiny, 0.5 microlitre sample size
- Stores 500 results with time/date
- 7-, 14- and 30-day averaging
- Four testing reminder alarms
- Weekday display
- Audible fill detection
- Ketone test reminder
- Alternate site testing
- Strip release button
- Data management capabilities – you can upload your meter results to a computer



TRUEresult mini

Sleek design fits your lifestyle

Convenience features provide competitive advantages

- No coding
- Results as fast as 4 seconds
- Tiny, 0.5 microlitre sample size
- Stores 500 results with time/date
- 7-, 14- and 30-day averaging
- Easy-to-read display
- Strip release button



TRUEresult *twist*

Compact and accurate, the perfect meter choice for people on-the-go!

With the TRUEresult twist, testing has never been easier to incorporate into your day, giving you accurate results anywhere you go.

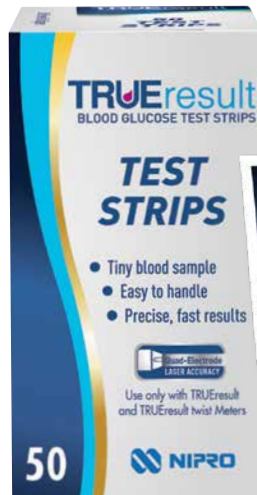
- No coding
- Compact, portable and practical
- Discreetly test anywhere, anytime
- Results as fast as 4 seconds
- Tiny, 0.5 microlitre sample size
- Easy-to-read display
- Strip release button
- 99 test memory



Test Strips

Easy-to-handle TRUEresult Test Strips feature patented TRUEfill™ design that promotes first-test success and accurate results.¹

- Accurate, precise with quad-electrode technology
- Two fill-detect electrodes ensure adequate blood sample, preventing false starts and erroneous results¹
- Two electrodes accurately measure the glucose reaction and send signal to sensor
- Innovative TRUEfill beveled tip allows for greater sampling precision
- Coating at tip of strip promotes faster blood absorption
- Meter beeps when proper blood sample is detected



1. Data on file at Nipro Diagnostics, Inc., Fort Lauderdale, FL 33309 U.S.A.

Your TRUEdraw lancing device

Parts of Your Lancing Device...

End Cap for
Finger Testing

Depth Dial

Grey Alignment
Arrow Ensures
Accurate Depth
Selection

Lancet Top

Holder

Trigger
Button

Arming
Barrel

Reinforced
Internal Design
for Improved
Durability

Get ready...

1.



Select area to be lanced. Wash with soap and warm water, rinse and dry

2.



While holding Arming Barrel, pull off End Cap.

3.



Push Lancet into Holder until firmly seated.

4.



Remove Lancet Top.
Note: Save Top for safe disposal of used Lancet.

5.



Replace End Cap.
Note: Use clear End Cap for lancing forearm.

Set Lancing Device...

1.



Turn Depth Dial to desired lancing depth for personal comfort.



Note: Finer adjustments can be made by setting Arrow between numbers.



Lancing Depth Guide:

- 1–2 for soft/thin skin
- 3–4 for average skin
- 4–5 for thick/calloused skin

2.



Gently massage hand to get blood flowing.

3.



While holding End Cap in one hand, use other hand to gently pull back Arming Barrel until a click is heard.

Set Meter...



TRUEresult



TRUEresult mini



TRUEresult twist

Remove Test Strip from vial and close vial immediately. Insert Test Strip into Test Port with contacts (metallic blocks) end facing up. The Meter turns on.

Lance

1.



Firmly place Tip against finger.



Note: For best results, lance in highlighted areas.

2.



Press Trigger Button.

3.



Allow a blood drop to form and touch the tip of the strip to the top of the blood drop.

Lancing device is for self-testing and intended for use by one patient only. Make sure you change to a new lancet for every blood sample.

Since the lancet penetrates the skin, hygiene is very important. New, unused Nipro lancets are guaranteed to be sterile. After use they can easily be discarded without touching them.

Refer to owner's booklet for testing instructions and for information about testing on forearms.

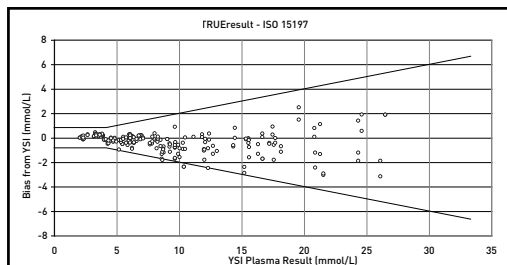
Accurate and Precise

Proven Performance

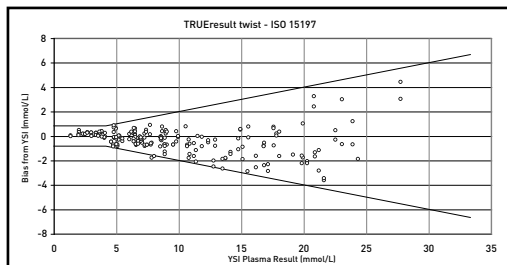
ISO Standard (15197:2003) specifies that 95% of glucose results must be within $\pm 20\%$ of a reference standard for results greater than or equal to 4.2 mmol/L, and within ± 0.8 mmol/L for results less than 4.2 mmol/L**



***“Accuracy and precision are critical.
But the simpler it is,
the more my patients will test.”***



The TRUEresult System exceeds the ISO minimum criteria for accuracy with **98.5%** of results within the ISO limits¹



The TRUEresult twist System exceeds the ISO minimum criteria for accuracy with **99.5%** of results within the ISO limits¹

Clinical testing has proven that the TRUEresult, TRUEresult mini and TRUEresult twist Systems will deliver the accuracy and precision that health care professionals demand, while at the same time offering system simplicity that encourages patients to test more often.

** International Organization for Standardization 15197:2003 In Vitro Diagnostic Test Systems – Requirements for Blood Glucose Monitoring Systems for Self-Testing in Managing Diabetes.

1. Data on file at Nipro Diagnostics, Inc., Fort Lauderdale, FL 33309 U.S.A.

Importance of self blood glucose monitoring

Blood glucose monitoring is a critical component of every diabetes management plan. Regular self monitoring provides information how your daily management plan is working to control your blood glucose levels. You and your healthcare professional can evaluate your glucose results to determine if adjustments need to be made in your diabetes management plan to help you achieve optimal glucose control.

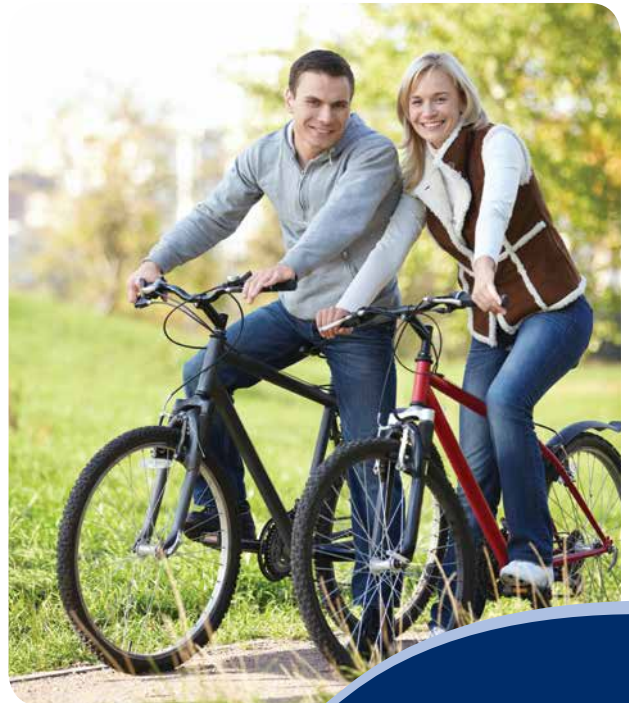
By managing your diabetes, you reduce the risk of developing complications. That means less risk of eye, kidney and nerve damage, foot problems and stroke. Fewer complications means more time for you to enjoy life and live it to the fullest.

Benefits of regular blood glucose monitoring

- Achieve better understanding of diabetes and how to optimize glucose control.
- Recognise patterns in blood glucose levels and develop problem solving skills to maintain levels within your target range.
- Prevent the occurrence of high and low blood glucose levels.

Determining how often you should test

You and your healthcare team will work together to determine how often you should monitor your blood glucose levels. Frequency of monitoring is individualised and depends on the type of diabetes and the treatment regimen.





NIPRO

Your Partner in Health Care

If you need assistance in the set-up of your TRUE meter, please call us on **1800 451 737.**

Nipro Customer Care

9:00 – 5:00 pm (Business days EST)

Visit **www.niproaustralia.com.au** for more information.

For people with diabetes and their carers, use only as directed.
Consult your healthcare professional for advice.

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